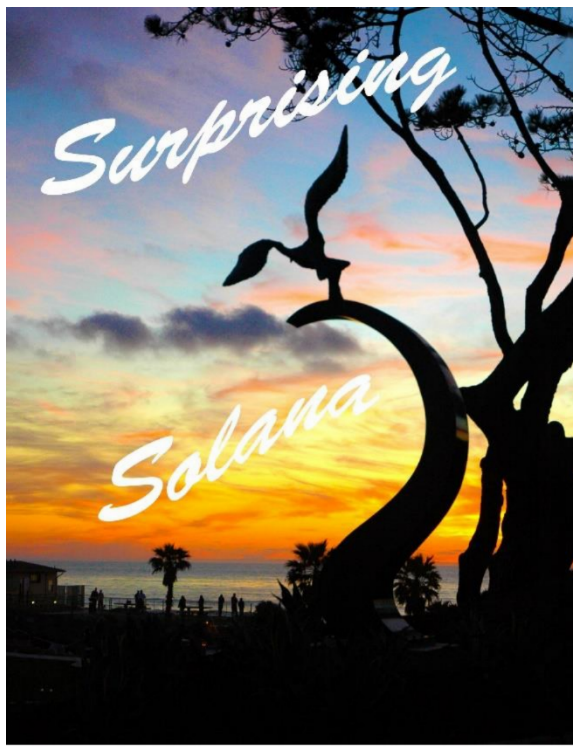




For those seeking physical activity in a picturesque setting, Solana Beach offers a beautifully landscaped Rail Trail. This trail is perfect for walking, running, or hiking. The lagoons on either side of the City also provide scenic trails that stretch for miles up the river valleys. The San Elijo Lagoon, in particular, offers a popular offshoot slot canyon hike. The city is also very bike-friendly. The bikes can be electric or peddle-driven. Over a half dozen stores that service, sell, or rent electric or peddle-driven bikes.

A VARIETY OF PLAY ACTIVITIES



AN OUTDOOR WONDERLAND



The entire shoreline is available to the public for swimming activities. Surfboards are for sale or rent locally. There are private pools for those who prefer to swim in a pool. Solana Beach also has two golfing venues, two tennis courts, and access to a riding stable. For those who prefer indoor activity, there are more than a dozen gyms.



SCAN FOR SOLANA BEACH MAP