



## Trinity Episcopal Cathedral

121 W 12th Street  
Davenport IA 52803  
(563) 323-9989  
www.qctrinity.org



### Upcoming Events at Trinity Cathedral

#### **Sunday, June 29<sup>th</sup>**

10:00 AM Holy Eucharist  
11:30 AM After Fellowship Faith-Sharing  
1:30 PM Fountain's Service

#### **Monday, June 30<sup>th</sup>**

8:30 AM Morning Prayer

#### **Tuesday July 1<sup>st</sup>**

8:30 AM Morning Prayer  
9:00 AM Contemplative Prayer  
11:00 AM Holy Eucharist

#### **Wednesday July 2<sup>nd</sup>**

8:30 AM Morning Prayer  
5:30 PM Book Study & Dinner

#### **Thursday, July 3<sup>rd</sup> Church Office Closed**

#### **Friday, July 4<sup>th</sup> Church Office Closed**

#### **Saturday, July 5<sup>th</sup>**

8:30 AM Morning Prayer & Bible Study  
via Zoom

#### **Sunday, July 6<sup>th</sup>**

10:00 AM Holy Eucharist  
11:30 AM After Fellowship Faith-Sharing

### **BIRTHDAYS:**

6/30 Kathy Miller  
7/1 Morgan Ford, Hannah Ford, Sullivan Arnold  
7/3 Tom Herr, Anne Saveraid, Jacob Romaniello, Kay Ungurean,  
Bob Sitz  
7/4 Anthony Strodbeck  
7/5 Gary Kraft

### **ANNIVERSARIES:**

7/1 Jen & Ed Broders  
7/2 Marjorie & Denny Stierwalt

### **Flowers at the Altar:**

"To the glory of God and in loving memory of Kathleen and Donald Sitz."

### **Trinity Shirts:**

We are coordinating an order for t-shirts and sweatshirts that showcase our logo and our mission to Do Christ's Work. If you're interested in placing an order, please let the office know your preferred size and style. The prices for these items vary from \$13.00 to \$28.00, based on the size and whether you select a t-shirt or a sweatshirt. We will proceed with the order once we have a minimum of 25 shirts.

### **Wednesday Night Dinner & Book Study:**

Join us for Wednesday Night Dinner & Book Study on July 2<sup>nd</sup>. We are currently reading "The Sin of Certainty: Why God Desires Our Trust More Than Our 'Correct' Beliefs" by Peter Enns (available on Amazon). Dinner begins at 5:30 PM. Everyone is welcome!

### **Jazz Music for Eucharist Service on July 20<sup>th</sup>**

Join us for a delightful day as the Cathedral will be filled with wonderful jazz music on Sunday, July 20<sup>th</sup>. Be sure to save the date!

### **Outreach News:**

We will be setting up a Water Table for the Bix on July 26<sup>th</sup>. If you are interested in volunteering or have any questions, please reach out to Lori Sitz at [lorisitz@aol.com](mailto:lorisitz@aol.com).

### **Road Construction Closure:**

Main Street is closed for construction; use alternative routes to reach the Cathedral. For the larger south parking lot, access it via Main Street to Palmer Drive (right turn) or from Harrison Street to W. 8th Street, then left on Main Street and right on Palmer Drive. The smaller north parking lot is accessible via 12th Street.

### **Church Office Closed July 3<sup>rd</sup> & 4<sup>th</sup> for Independence Day:**

The Church Office will be closed on July 3<sup>rd</sup> and 4<sup>th</sup> for Independence Day. For urgent needs, call the office; someone will answer or return your call if needed.

### **Sound Therapy in Community Wednesday July 30<sup>th</sup> @ 6:30 PM:**

Step into a **calm, restorative space** where sound becomes more than something you hear; it becomes something you feel, gently moving through the body, quieting the mind, and guiding you back to center. Join award-winning musician and certified sound therapist **Lynne Stukart** for an evening of **Sound Therapy in Community**, a gentle group session designed to reduce stress, soothe the nervous system, and support your overall well-being through the power of vibration and resonance.

#### **You'll be guided through soundscapes featuring:**

- Resonant gongs to ground and realign
- Singing bowls tuned to support the body's natural energy flow
- Flutes to soothe the mind and open the heart
- Gentle drums, chimes, and calming sonic textures to invite deep inner stillness

This is a **deeply immersive sound-based wellness experience** offered in a peaceful, inclusive setting where you can simply rest, receive, and renew. Wear comfortable clothing and feel free to bring a yoga mat, blanket, pillow, eye covering, or anything to help you feel at ease. There is no yoga or physical activity involved this is just for rest and relaxation.

Seating is available. No prior experience is needed. This event is a **free gift to the community**, a sanctuary of sound and stillness for anyone seeking peace, clarity, or simply a gentle reset. **Love offerings** are warmly welcomed to support the continuation of this work. **Take a mindful pause. Rest in sound. Come as you are and leave more grounded, more centered, and more at peace.**

### **Readings for Next Week**

*2 Kings 5:1-14*

*Psalm 30*

*Galatians 6:(1-6)7-16*

*Luke 10:1-11, 16-20*

### **Lift to God in Prayer**

Fred Berger, Marlin Whitmer, Marie Fair, Ginger Arp, Emma Blesz, George Witt, Mike Hoenig Judy Carpenter, Jim Wolters, Jill Stringham, Rosie Ginther, Denny Stierwalt, Amy Farmer, Sandra Glattly, Mary Williamson, Tony Loritz, Sue Wolters, Jeff Peterson, Kent Sidney, Jessica Irelan, Ann Green, Kay Ungurean, Rose Marie Wara, Marilyn Edwards, Donna Spies, Jerry Farmer, Lisa Whitmer, Kimberly Toll- Brown & Darryl Penner.

### **Schedule of Ministers:**

#### **This Week the Third Sunday after Pentecost June 29, 2025**

##### **10:00 AM Eucharist**

**Acolyte:** Elizabeth Axel

**Reader PoP:** Karen Brooke

**Eucharistic Ministers:** Tom Schulte & Andrew Petersen

**Lectors:** Derek Jones & Joyce Kirkpatrick

**Ushers:** Matthew Tarnow & Linda Crossett

#### **Next Week the Fourth Sunday after Pentecost July 6, 2025**

##### **10:00 AM Eucharist**

**Acolyte:** Tom Schulte

**Reader PoP:** Jen Broders

**Eucharistic Ministers:** Kelly Chaney & Ned Bergert

**Eucharistic Ministers Asst:** Pete Peterson & Karen Brooke

**Lectors:** Kelvin Sidney & Carolyn Brown

**Ushers:** Joel Franken & Matthew Tarnow

***A Christian Community  
Committed To Grow Spiritually &  
Do Christ's work!***

### **Trinity Episcopal Cathedral**

The Rt. Rev. Betsey Monnot, Bishop of Iowa

The Rev. P. Christopher Potter, Interim Dean

Michael Elsbernd, Director of Music Ministries

Meggan Fitzpatrick, Office Administrator

Victoria Inman, Bookkeeper

Joanne Stice, Parish Nurse

### **Online Giving**

To make donations, pledges, or contributions, please visit our online platform at <https://engage.suran.com/trinityepiscopal/s/give/new-gift>.

