

BOOK REVIEW: From Dry Bones to Living Hope (Review by Linda Jones, Faith Formation Team)

Author: Missy Buchanan

In a culture that values youth more than age, older adults often feel forgotten and without purpose. Each chapter opens with a prayer to God from the perspective of an older adult who longs for spiritual renewal and purpose. The second part of each chapter guides the older adult to God's perspective on aging and specific actions they can take that can lead them to hope and joy.

Some of my favorite passages from the book are found on pg. 49 (desert wilderness), pg. 51 (put a smile on five peoples faces), pg. 59 (remembering), pg. 97 (community), and pg. 113 (prayer).

Each chapter begins with a Bible verse. This one from Philippians 4:13 sums up the book: "I can do all things through him who strengthens me".

FOOTNOTE: As I started reading this book, I thought it would only benefit an older adult. Then I realized it would be a great read for children of older adults for the understanding and wisdom into the mindset of our aging population.

