

Severn Senior Activity Center



February Updates



The Severn Senior Activity Center will be closed on Monday, February 19 in observance of Presidents' Day.



Severn's Trip Desk is now open! See page 7 for more details.



Registration for AACC Spring Classes begins Tuesday, February 20.

The Severn Senior Activity Center offers free membership to individuals 55 and over who are active, self-sufficient, and able to function independently. For more information, visit us in person or give us a call at 410-222-0300 for additional information about classes and activities.



Anyone needing accommodations must contact Katy Owings at 410-222-0325 or agowin23@aacounty.org at least 7 days in advance of the event. TTY users, please call via Maryland relay 7-1-1. All materials are available in alternate formats upon request.



1160A Reece Road
Severn, MD 21144
410-222-0300

severnseniorcenter@aacounty.org

**Open 7 days a week
8:00am-8:00pm**



EDUCATION & RESOURCES



MONDAY

NEW

Autobiographical Writings - Feb. 5 - 1:00-4:00pm

Come share your story! We are looking to connect our communities through history. This class will use writing and art to record and discuss the histories of our local communities. Registration Required.

Lunch & Learn - Feb. 26 - 11:00am-12:00pm

Topic and discussion on Heart Health. Registration required.

TUESDAY

NEW

FREE AARP Tax Aide - Every Tuesday in Feb. - 10:00am-2:00pm

AARP is here to help with your taxes. Appointment required. See the front desk for registration.

NEW

AARP Safe Driving Course - Feb. 13 - 9:00am-1:00pm

Registration Required. \$20 AARP Members/\$25 non-AARP members. Cash or check only.

Information & Assistance - Feb. 13 - 10:00am-12:00pm

Join an I&A specialist to discuss resources and information available to older adults.

Mindful Moments - Feb. 27 - 1:00-2:00pm

This month, we will discuss tips to combat anxiety and worry. Registration Required.

WEDNESDAY

NEW

FREE AARP Tax Aide - Every Wednesday in Feb. - 3:00-7:00pm

AARP is here to offer free help with your taxes. Appointment required. See the front desk for registration.

Board of Elections - Feb. 14 - 10:30-11:30am

Resources and information on becoming an election judge. Registration Required.

Veteran Voices - Feb. 21 - 11:00am-12:00pm

Join us for caregiver support information and resources. Registration Required.

THURSDAY

Smithsonian Sessions - Feb. 22 - 1:00-2:00pm

This month's topic is on Black History Month. Registration Required.



FITNESS CLASSES



AACC Class Updates

Registration for Spring Classes starts Tuesday, February 20. Space is limited. Sign up early!

Registration Required for ALL classes.

MONDAY

Feb. 5 & 26 ONLY

Beginner Pickleball - 11:00am-12:00pm

Feb. 12 & 26

Fitness Orientation - 3:15-4:15pm

TUESDAY

Every Tuesday in February

Group PT - 10:00-11:00am

Chair Fitness Aerobics - 11:00am-12:00pm

WEDNESDAY

Feb. 14, 21 & 28 ONLY

Beginner Pickleball - 11:00am-12:00pm

Every Wednesday in February

Stretch, Strength & Relaxation - 9:00-10:00am

THURSDAY

NEW

Senior Self Defense Demo

Feb. 22 - 11:00-11:30am

Every Thursday in February

Fitness Aerobics - 10:00-11:00am

FRIDAY

NEW

African Dance Class - Feb. 23 - 1:00-1:30pm

Join instructor April Smith for an African Dance class celebrating Black History Month.



ARTS & CRAFTS



MONDAY

Ceramics 12:00-3:00pm

Feb. 5, Feb. 12, Feb. 26 (no class Feb. 19)
Registration Required. Supply fee required -
depending on size of project.

Craft Day with The Arc

Feb. 26 - 10:00-11:30am
Join The Arc Central Chesapeake Region participants
to make decorations for SSAC! Registration Required.

TUESDAY

Crafternoon - 1:30-3:30pm

Every Tuesday in February

Registration Required. \$10 supply fee each class.

WEDNESDAY

Paint Party: "Luv Birds"

Feb. 7 - 3:00 -5:00pm

With Scott Clark. Registration Required.
\$5 supply fee.



THURSDAY

Paint Class: "Fear No Abstract" - Feb. 8 - 1:00-3:00pm

New watercolor & acrylic painting class with Elaine Weiner-Reed.
Registration Required. \$5 supply fee.

Paint Party: "Musicart"

Feb. 22 - 3:00-5:00pm

With Scott Clark. Registration Required.
\$5 supply fee.



SATURDAY

Mardi Gras Mask Making - Feb. 10 - 1:00-3:00pm

New watercolor & acrylic painting class with Elaine Weiner-Reed.
Registration Required. \$5 supply fee.



♥ GAMES & ACTIVITIES ♥

MONDAY

Trip - Lunch at the Hideaway - Feb. 12 - 11:00am-1:30pm

Registration Required.

TUESDAY

Bingo w/ OEM - Feb. 13 - 11:00-12:00pm

Registration Required.

WEDNESDAY

The Classics Band - Feb. 7 - 12:00-1:00pm

Join us for a free lunchtime musical performance. No registration required.

Live Music - Harry Evans - Feb. 14 & 28 - 12:00-1:00pm

No Registration Required.

FRIDAY

Bingo & Lunch Buddies - Feb. 9 - 10:00-11:30am

Registration Required.

Trip - Bannaker-Douglass Museum & Miss Shirley's Cafe

Feb. 23 - 9:30am-1:30pm

Registration Required.

♥ SPECIAL EVENTS ♥

TUESDAY

Fat Tuesday Special Lunch - Feb. 13 - 12:00-1:00pm

Join us for a Louisiana style Fat Tuesday meal. Registration Required.

WEDNESDAY

NEW

Valentine's Day Party w/ the Arc & Western District PACT - Feb. 14 - 10:00am-12:00pm

Join us for light refreshments, live music, and fun! Registration Required.

THURSDAY

NEW

Jewelry Showcase - Feb. 29 - 11:00am-1:00pm

Come see the beautiful jewelry made by our members, and learn more about our Jewelry Making Class. Registration Required.

FRIDAY

NEW

Black History Art Showcase - Feb. 23 - 10:30am-12:00pm

Come out for light refreshments and art showcasing Black History. Feel free to bring any art or artifact from home to display and discuss. Registration Required.

SUNDAY

NEW

Lunar New Year Celebration

Feb. 11 - 11:00 am 2:00pm

Join us for the lunar new year celebration to include catered food, activities, games and dancing!

This event is open to people of all ages. \$7.50 per child (12 and under)/\$15.00 per adult.

Registration Required. Space is limited! Last day to register - Feb. 2.



♥ SEVERN TRIP DESK ♥

The Severn Trip Desk will open on Monday, February 5.

Trip Desk Hours will be Mondays and Thursday from 10:00am - 2:00pm.

Registration fee due in full at time of reservation. No Refunds.

For more information please see us during open hours, or contact Kirk Platt at k_platt@amsn.com

Murder Mystery at Mount Hope Mansion

An Interactive Dinner Theater Experience

Manheim, PA

Trip Date: Thursday, April 18 (*date subject to change*)

Registration Deadline: Friday, February 23 @ 2:00pm

Price: \$149.00 per person

MD Eastern Shore Boat Ride & Crab Feast

Hurlock, MD

Trip Date: Friday, July 26

Registration Deadline: Thursday, June 20 @ 2:00pm

Price: \$121.00 per person

Dutch Apple Theater

presenting "The Sound of Music"

Lancaster, PA

Trip Date: Friday, August 9

Registration Deadline: Friday, June 28 @ 2:00pm

Price: \$126.00 per person

Williamsburg Christmas Illumination

Weekend Trip

Williamsburg, VA

Trip Date: Friday, December 13-Sunday, December 15

Registration Deadline: Wednesday, October 2 @ 2:00pm

Price:

779.00 per person

\$619.00 per double

\$559.00 per triple

\$529.00 per quad

February - Gym Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
8-9am				Pickleball	Open Gym
9-10am				Pickleball	Open Gym
10-11am				Fitness Aerobics	Walking Club
11am-12pm				Walking Club	Pickleball Class
12-1pm				Open Gym	Pickleball
1-2pm				Open Gym	Pickleball
	5	6	7	8	9
8-9am	Open Gym	Pickleball	Open Gym	Pickleball	Open Gym
9-10am	Open Gym	Pickleball	Open Gym	Pickleball	Open Gym
10-11am	Walking Club	Tai Chi Class	Walking Club	Fitness Aerobics	Walking Club
11am-12pm	Pickleball Class	Walking Club	Pickleball Class	Walking Club	Pickleball Class
12-1pm	Pickleball	CLOSED	Pickleball	Open Gym	Pickleball
1-2pm	Pickleball	CLOSED	Pickleball	Open Gym	Pickleball
	12	13	14	15	16
8-9am	Open Gym	Pickleball	Open Gym	Pickleball	Open Gym
9-10am	Open Gym	Pickleball	Open Gym	Pickleball	Open Gym
10-11am	Walking Club	Tai Chi Class	Walking Club	Fitness Aerobics	Walking Club
11am-12pm	Pickleball Class	Walking Club	Pickleball Class	Walking Club	Pickleball Class
12-1pm	Pickleball	Open Gym	Pickleball	Open Gym	Pickleball
1-2pm	Pickleball	Open Gym	Pickleball	Open Gym	Pickleball
	19	20	21	22	23
8-9am	CLOSED	Pickleball	Open Gym	Pickleball	Open Gym
9-10am	CLOSED	Pickleball	Open Gym	Pickleball	Open Gym
10-11am	CLOSED	Tai Chi Class	Walking Club	Fitness Aerobics	Walking Club
11am-12pm	CLOSED	Walking Club	Pickleball Class	Walking Club	Pickleball Class
12-1pm	CLOSED	Open Gym	Pickleball	Open Gym	Pickleball
1-2pm	CLOSED	Open Gym	Pickleball	Open Gym	Pickleball
	26	27	28	29	
8-9am	Open Gym	Pickleball	Open Gym	Pickleball	
9-10am	Open Gym	Pickleball	Open Gym	Pickleball	
10-11am	Walking Club	Tai Chi Class	Walking Club	Fitness Aerobics	
11am-12pm	Pickleball Class	Walking Club	Pickleball Class	Walking Club	
12-1pm	Pickleball	Open Gym	Pickleball	Open Gym	
1-2pm	Pickleball	Open Gym	Pickleball	Open Gym	

When Winter Weather Occurs...



Closure & Delay Announcements

Per department policy, when Anne Arundel County Public Schools are delayed or closed due to inclement weather, all senior activity centers will also be delayed or closed.

Tune into a local radio or TV station for updates. Announcements about Anne Arundel County senior activity center delays or closings due to inclement weather will be made through:

- Local news stations
- The county's Closings, Delays, & Alerts page | www.aacounty.org/county-operations
- Facebook page | www.facebook.com/ArundelSeniors/
- Sign up for Email Updates | <https://lp.constantcontactpages.com/sl/36lmnXt>

Closures

Senior activity centers will be closed when:

- Anne Arundel County Government offices are closed, due to inclement weather.
- Anne Arundel County Public Schools are closed, due to inclement weather.
- Anne Arundel County Public Schools and Anne Arundel County Public Libraries cancel weekend events and activities due to inclement weather.

What's canceled?

- Senior Center Plus Program
- Senior Nutrition Program Lunch Service
- All transportation services to the senior activity centers will be canceled.

Delayed Openings & Early Closures

Senior activity centers will open at 10:00 am when:

- Anne Arundel County Public Schools open 2 hours late, due to inclement weather.

What will happen?

- Senior Nutrition Program Sites will serve lunch.
- Senior Center Plus Programs will begin after 10:00 am.

What's canceled?

- All transportation services to the senior activity centers will be canceled.
 - In-person and virtual classes with start times prior to 10:00 am will be canceled.
 - In-person and virtual classes that begin at 10:00 am or later will be held as scheduled.

Senior activity centers will close at 1:00 pm when:

- Anne Arundel County Public Schools close early, due to inclement weather.

What will happen?

- The Office of Transportation will provide scheduled riders an early departure from the centers.
- In-person and virtual classes that begin at 1:00 pm or later will be canceled.

Note

Regularly scheduled Anne Arundel County Public School closures, delays, or early closures (such as holiday breaks and in-service days) do not affect the senior activity centers. If there is inclement weather and Anne Arundel County Public Schools have a regularly scheduled closure, the Anne Arundel County Department of Aging and Disabilities will make a determination about center closures, transportation, and the Senior Nutrition Program based on weather conditions and safety.