

**REGISTRATION
IS NOW OPEN**



Click here to register
for one or both days
of the Symposium.

Open to
all Firefighters,
Police, EMS and
Communications

**Attend
one or
both days!**

The Carriage House

393 NH Rte 101,
Bedford NH 03110

Note: A light breakfast and
lunch will be provided each day.

Presented by

NH Fire Academy & EMS in partnership with
Primex³, NH Association of Fire Chiefs and NH Association Chiefs of Police

BEHAVIORAL HEALTH SYMPOSIUM

September 8-9, 2021

Join your brothers and sisters in law enforcement, fire, EMS and communications at the 2021 Behavioral Health Symposium for Public Safety. This symposium will feature local and national speakers who will share their stories, their experiences and lessons learned.

Topics will include poignant presentations on addiction, PTSD, resilience and recovery, family mental health, peer support, and responder well-being. Join us for one or both days and help to "Stop the Stigma".



Day 1: Wednesday, September 8

Kent Williams, CEO Breach Point, Consulting, Chief of Police-Retired

Breach Point: Personal & Professional Breakthroughs for First Responders

In today's world, first responders are facing stressors that can have predictable and profoundly negative impact upon their lives, careers and families. This seminar will assist those attending in gaining a distinctly different perspective on the unique and potentially problematic consequences of performing well within a crisis preparation culture. Officers, firefighters, paramedics, EMTs, nurses, dispatchers and civilian supporting roles will reflect upon the traumas and triumphs associated with modern emergency management and crisis mitigation, and how these influence the pivotal balance between professional and personal relationships.

Day 2: Thursday, September 9

Day two speakers include:

- Dr. Andrew Seefeld, MD – *The Physiology of Addiction*
- Stephen Holmes FF/paramedic – *The Story of PTSD*
- Firefighter Keith Hanks – *My Journey to Recovery*
- Ret. Police Chiefs Monaghan and Wyman – *The Box: Mental Health and Wellbeing*
- Justice John Broderick
- Jim Roberg, PSAP Supervisor
- Panel Discussion



Resources available throughout both days

