

## **Training Opportunity**

Barnstead Fire Rescue applied for and received a training grant through the Firefighter Behavioral Health Alliance, allowing their organization to present some evidence-based information to First Responders regarding mental health issues affecting us as First Responders.

Please join us in attending this free and valuable zoom training.

### **Saving Those Who Save Others**

**August 23, 2021**

**7pm EST**

**No Cost**

Join Zoom Meeting

**<https://us02web.zoom.us/j/9711458552>**

Meeting ID: 971 145 8552

One tap mobile

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Dial by your location

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+1 669 900 9128 US (San Jose)

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Any questions please feel free to contact me at [trobbsins@barnstead.org](mailto:trobbsins@barnstead.org) or (603)269-4121.

Respectfully,

Timothy Robbins, Lt/Paramedic

Barnstead Fire-Rescue