

## Description

This 3-day course combines ALL of the content of ICISF's Assisting Individuals in Crisis & Group Crisis Intervention courses.

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

### Program Highlights

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Relevant research findings
- Large group crisis interventions

- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Critical Incident Stress Debriefing (CISD)

Completion of "Assisting Individuals in Crisis" & "Group Crisis Intervention" and receipt of a certificate indicating **full attendance** qualifies as two CORE classes in ICISF's [Certificate of Specialized Training Program](#).

### Continuing Education Information

*27 Contact Hours; 27 PDHs for EAPs; 27 Contact Hours for National Certified Addiction Counselors; OR 2.7 general CEUs from UMBC*



**Lead Instructor  
Bob Miller**

With 35 years of crisis intervention experience, Bob serves on the

GSCISM team and teaches 9 courses for the International Critical Incident Stress Foundation. Other members of the GSCISM team will assist in the training.

### REGISTRATION

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

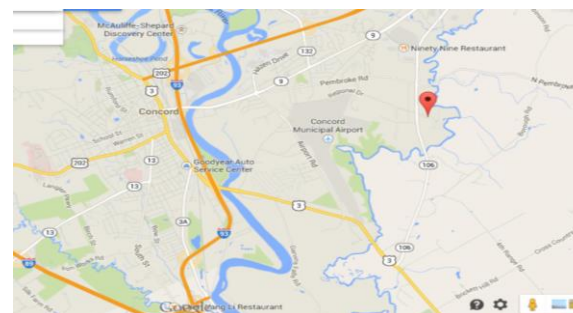
Email Address: \_\_\_\_\_

## Location

### The Richard M. Flynn Fire Academy



**98 Smokey Bear Blvd  
Concord, New Hampshire 03305**



**Cost: \$220**

(Includes Materials, CEU's, Lunches, & Snacks)

**Space is limited to 75 participants.**

**Register Today!**

**Registration Deadline: March 1<sup>st</sup>!**

[NHCISD@aol.com](mailto:NHCISD@aol.com)

76 Janet Court; Manchester NH 03103  
(603) 315-0304

## Critical Incidents Happen

Up to 90% of US adults will be exposed to life-taking events in their lifetime (Breslau). Emergency service personnel face these events weekly. Some calls impact even the most seasoned providers in unexpected and unwanted ways. The cumulative toll also proves personally exhausting and exacting on relationships. Health, longevity, and happiness cannot be left to chance.

**Are you and your agency ready to respond to those who sacrifice to care for others?**



**This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.**

## **GRIN: Group Crisis Intervention And Assisting Individuals In Crisis (2 CISM Courses in 1)**

**March 20-22, 2019**



**An ICISF Approved Course**

**Sponsored by the  
Granite State Critical Incident Stress  
Management Team**

**[NHCISD@aol.com](mailto:NHCISD@aol.com)**

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(603) 315-0304

***Three-Day Course: 7:00 a.m. – 5:00 p.m.***