

Coming in 2019



Join us for a 4-Part series devoted to keeping emergency responders healthy. This series is presented by Veteran and First Responder Healthcare in conjunction with NH FST&EMS.

“Keeping your Department Healthy: Physically & Emotionally”

January 2, 2019: 9:00 am–11:00 am & 6:30 pm–8:30 pm

“Self-Care After Critical Incidents”

April 3, 2019: 9:00 am–11:00 am & 6:30 pm–8:30 pm

“Avoiding Burnout & Compassion Fatigue”

August 7, 2019: 9:00 am–11:00 am & 6:30 pm–8:30 pm

“Stress Management & Self-Care”

November 6, 2019: 9:00 am–11:00 am & 6:30 pm–8:30 pm

Registration Information coming at a later date!



VETERAN &
FIRST RESPONDER
HEALTHCARE

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