

COVID-19: DISCIPLES RESPONDING WITH FAITH, HOPE, AND LOVE

RESOURCES (updated 3/25/2020)

Each day we will check for updates that may be of help to staff, leaders, and individuals. These PDF documents can be downloaded to share and/or repost by clicking [here](#).

Underlined text is linked to a specific resource.

To keep these documents from becoming too cumbersome, we will include only those resources that may be of best use in the following areas:

- [Metro COVID-19-related Updates from KCUR](#) – vetted general information about restricted movements, closings, openings, etc. from our National Public Radio local affiliate.
- [Centers for Disease Control and Prevention COVID-19 Updates](#)
- [National Alliance on Mental Illness COVID-19 Updates](#)
- [Snopes.com on false tips for prevention and cure of COVID-19](#)
- COVID-19 related updates from the Office of the General Minister and President and General Unites of the Christian Church (Disciples of Christ)
 - [Office of the General Minister and President](#)
- WALMART, TARGET, COSTCO AND SEVERAL OTHER STORES ARE OFFERING SPECIAL HOURS FOR SENIOR ADULTS AGE 60+
 - Larger chain stores will open for seniors before regular hours one day a week
 - Long (but not exhaustive list of stores and store hours) [here](#)
- Costco is open for seniors from 8-9 am Tuesdays and Thursdays
- [SMALL BUSINESS ADMINISTRATION DISASTER LOAN ASSISTANCE](#)
- STAY AT HOME KC METRO [UPDATE](#)
- RESOURCE INFORMATION RECENTLY CONTRIBUTED
 - [E-Preaching Theotechnics Webinar](#) Join Dr. Casey Sigmon, SPST Asst Professor Preaching & Worship, and Samantha Potter with Church Sound University, on March 26 at 1 pm to learn more and have your questions answered on e-preaching and streaming.
 - **NBA's Mental Health Initiative** is launching an online SoulCare Moments Campaign that we invite you, and fellow Disciples, to join in. We currently have two set up - one beginning tomorrow morning, and the next one the following Wednesday. Please join us on the zoom call or visit our [Facebook page](#) as we stream it live. Here is the information for the zoom call - <https://www.nbacares.org/events/soulcare-taking-pause-in-crisis>. Take care and hope you can join us for little Soul Care. With Care, Mark Anderson, President, National Benevolent Association

- Pension Fund [News page](#) contains important information for clergy members and those who are wondering how the Pension Fund is adding valuable services during the time of pandemic and beyond.
- Rev. Dr. Delesslyn Kennebrew started [The Living Room](#), an un-traditional church that had been meeting in a casual space for six months, when she was called to disaster work for FEMA. Her congregation urged her to continue so she decided to move her church to Facebook where she has been holding Thursday night service ever since. Rev. Kennebrew draws her church in... and makes hers an inclusive, vibrant, worship filled service every week. We have asked her to help and she is excited to bring tips to clergy in a time such as this. Please join us for a half hour focused webinar this Thursday at 2PM CST with Rev. Kennebrew on Be The Church! Church on Facebook 101 Lora McDonald is inviting you to a scheduled Zoom meeting. Share with any clergy you know!
 - Topic: Be the Church: Part I- Facebook Church
 - Time: Mar 26, 2020 02:00 PM Central Time (US and Canada)
 - Join Zoom Meeting
 - <https://zoom.us/j/143869017?pwd=OVhiUE5pSGhiUFFrVjVDWE5PM01uZz09>
 - Meeting ID: 143 869 017, Password: 290529
 - One tap mobile, +16465588656,,143869017# US (New York)
- **PARTICIPATORY WORSHIP**
 - Why Participatory Worship Matters, 3 minute video by Rev. Dr. Angela Gorrell
 - <https://www.youtube.com/watch?v=kfQ7ODKienY&feature=youtu.be>
 - Get her free PDF Guide (low tech and high tech) on Participatory Worship:
 - <https://www.youtube.com/watch?v=CvLHYAaJL8> or go to <https://www.angelagorrell.com/>
- **MANAGING YOUR MENTAL HEALTH AND WELLNESS DURING THE PANDEMIC**
 - Resources from Rev. Gary Armour, M.Div. LCMFT, Lifeline Counseling Center
simple ways to get present:

<https://files.constantcontact.com/ea43e848501/f71932a2-724d-410d-9443-ef72b9aca93e.jpg>

Centering Prayer - with scripture:

<https://files.constantcontact.com/ea43e848501/fb92ebc4-8c66-4ccb-bb61-8f40a34c6fa0.pdf>

good grief process

<https://files.constantcontact.com/ea43e848501/0e585393-424a-4ec0-9171-d1f565904352.jpg>

(More resources on prayer tomorrow!)

- RECORDING OF THE MOST RECENT KC DISCIPLES LEADERS CONFERENCE

3.24.2020– Making Online Worship Worshipful-- ideas for connecting with members via [Zoom](#), Facebook, YouTube, etc. and a reminder about how to take better care of our emotional and mental health in this challenging time. Rough cut [video](#) of the online conversation among colleagues for those unable to participate. (Unlisted but accessible to you).

- Next KC Leaders Conference: 8 pm, March 31. Focus: HOLY WEEK [Details ABOUT GETTING ON THE CONFERENCE ONLINE OR BY PHONE](#)
- TODAY'S FEATURED CONGREGATION: [Hillcrest Christian Church](#)
 - Like many congregations in our Region, Hillcrest is diving into online worship, online giving and reorganizing how they are being the Church at this time. It takes a lot of work, trial and error, and courage to make the shift. God bless all who are doing this!
- Regional Staff and Leadership Teams
 - *Staff members are making contacts with senior and solo ministers, continuing work in their profile areas, collecting information for this page, and praying for you!*
 - *Our Regional Board met 3.23.2020 and will meet again online, 4.6.2020, 7 pm.*
Documents already uploaded to our Regional Board web page are [here](#).
- There is a private Facebook group for all KC Disciples clergy and congregation leaders where additional information, questions, and references for resources are being posted. Email billrh@kcdisciples.org for an invitation.
- CNN offers a weekly email called [the Good Stuff](#) featuring stories of people and groups doing well by doing good.
- Inspirational Moment

"How beautiful upon the mountains
are the feet of a messenger
who proclaims peace,
who brings good news,
who proclaims salvation,
who says to Zion, "Your God rules!"

In so many creative ways, you – KC Disciples of Christ – are being and sharing good news. Your sacrifices and good work make real for many the love of God. Thank you!

Keeping us all up to date, coordinating efforts and communicating with you requires that we continue to support the ministries of our congregations and the wider Church as we are able. Even small donations count. To give online to Disciples Mission Fund or to a ministry that means much to you, click [here](#) and follow the prompts.

Thank you and God bless you for all that you are doing to offer a faithful, hopeful, loving response with God during this time of extraordinary challenges!