

Long-Covid article continued...

Long-COVID is a complex, under-recognized and often frustrating and debilitating set of symptoms and conditions that occur after a primary Covid-19 infection and last more than 3 months. Symptoms can present within nearly any bodily system and can range from mild to severe, often impacting physical, mental and emotion well-being to the extent of being considered a disability - in definition anyway. Moving from a diagnosis to appropriate care and effective treatment, however, is often a different story.

Personal accounts of Long-COVID reveal barriers to appropriate time off from employment, work accommodations like reduced hours or flexible scheduling, disability benefits, and assistive technology or durable medical equipment.

If you're experiencing new, worsening or lingering Covid-19 symptoms after an initial infection and need assistance finding resources, contact us today!

Amy Ballinger

Social Support and Resource Specialist

aballinger@independenceinc.org

785-841-0333 x 119



independence



Amy Ballinger



**SOCIAL
SUPPORT &
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SPECIALIST**

 aballinger@independenceinc.org

 785-841-0333 ext. 119  www.independenceinc.org

Call or email us today! We can help with:

- information & referral
- community liason & support
- PPE distribution
- transportation
- vaccine & testing information
- long Covid information & resources
- advocacy
- reasonable accommodation requests
- Medicaid renewal, information updates
- & more!