



CABIN FEVER UNIVERSITY 2019 ~ WEEK 1 ~ January 13

Join us this afternoon for an interesting and entertaining
FREE EVENT sponsored by the Congregational Life Team for
Edgewood members and friends of all ages!



Today's classes, leaders, times and locations are as follows:

4-6 pm Child Care East Wing

4-6 pm Family Film Festival "Coco" Youth Room

We will be showing three award winning animated films featuring young people searching for meaning in their lives and older people offering guidance. Today's film, "Coco", is the story of Miguel, who, despite his family's generations-old ban on music, dreams of becoming an accomplished musician. Desperate to prove his talent, Miguel embarks on an extraordinary journey to the stunning and colorful Land of the Dead to unlock the real story behind his family's history.

4-6 pm Justice and Peace in Israel/Palestine Stephen Gasteyer Conference Room
Edgewood's Stephen Gasteyer will show a video and lead discussion afterward. "The Wanted 18 is a 2014 Canadian-Palestinian animated documentary about the efforts of Palestinians in Beit Sahour to start a small local dairy industry during the First Intifada, hiding a herd of 18 dairy cows from Israeli security forces when the dairy collective was deemed a threat to Israel's national security."

4-6 pm Puzzles, Anyone? Social Hall
Select a puzzle from our puzzle exchange in the east wing hallway, then relax with a friend or two (or more) for a few minutes or two hours while you puzzle away!

4-6 pm Light Giving/Receiving Sandra Amundsen Fireplace Room
Resilient communities depend on the spiritual well being of individuals. The practice of spiritual purification with God's Light promotes spiritual well being. Sukyo Mahikari is an international service organization which promotes this unique and awe inspiring practice. Sukyo Mahikari members are volunteers who share this practice with others as a form of service to God and humanity. Come and be refreshed with the Light of God!

Individual sessions last 10, 25, 40, or 50 minutes. There will be time for questions and answers.

4 -5 pm Bird Migration John Baumgartner Library
"Aha, it's a bird!" Join Edgewood's own Birdman John, bring your questions, and learn more about birds than you ever knew before, starting with bird migration.

5-6 pm Storytelling Workshop Ben Pineda Social Hall
Join Edgewood's master storyteller Ben, listen to some stories, and learn how to put your own stories into words to share with others!

5-6 pm Cooking Club Karen Dean Kitchen
Come and learn how to prepare a delicious THAI meal. Bring a take-home container with you or use one of ours.