

## General

- [Philadelphia Department of Public Health Coronavirus Disease 2019 \(COVID-19\)](#)
- [Philly Mutual Aid - Neighbors Helping Neighbors](#)
- [Aunt Bertha](#)
- [Aunt Bertha COVID 19 Specific Resources](#)
- [City Essential Services](#)

## Food

- [Grab and Go Meals for Children](#)
- [Grab and Go Meals for Seniors](#)

## Find Food Near You:

- [Feeding PA](#)
- [Hunger Free PA](#)
- [Philabundance](#)
- [SNAP \(Supplemental Nutrition Assistance aka “food stamps”\)](#)
- [Philadelphia WIC: \(215\) 978-6100](#)
  - Offices will be moving to reduced hours of 7:00AM - 1:00PM starting Monday, March 23
  - WIC recipients can get their cards reloaded with funds to cover 3 months
  - Recipients can designate a proxy and kids do not have to come

## Housing

- Both the Philadelphia Courts and PA Supreme Courts have issued orders to stop evictions. Eviction can not happen without a court order and Philadelphia courts are closed until April 3. Information and resources on tenants rights and what to do if your landlord is trying to evict you: <http://www.phillytenant.org/> or 267-443-2500.
- [Emergency Housing](#)

## Utilities

- [PECO](#) is suspending fees for delays in bills and service shut-offs for three months, effective March 13, 2020 through at least May 1, 2020.
- [Philadelphia Gas Works](#) is suspending non-payment terminations and will waive new late payment charges. This termination moratorium will remain in place until further notice.
- [Philadelphia Water Department](#) is also suspending non-payment terminations and plans to waive new late payment charges. This termination moratorium will remain in place until further notice. Please note that regular billing will continue for all customers.

## Free Phone and/or Internet

- [Comcast / Internet Essentials](#): No disconnects or late fees for 60 days, free Internet Essentials plans for new customers
- [Verizon](#): (800) 922-0204; no disconnects or late fees for 60 days
- [AT&T](#): (800) 288-2020; no disconnects or late fees for 60 days
- [T-Mobile](#): Unlimited smartphone data, data increase for schools and students using EmpowerED

### **Public Benefits**

If you need to apply for benefits (food stamps (SNAP); Medicaid health insurance (MA), cash assistance (TANF)): apply online using [Compass](#) or call Benephilly: 844-848-4376. The County Assistance Offices are closed to in person applications but are still processing online applications.

If you already receive benefits, a reduction in income may increase your SNAP or TANF. Submit information about a change online via [Compass](#) or by calling the Customer Service Center at 215-560-7226.

### **Medical Care**

- [Medical Assistance](#)
- [Philadelphia Health Centers](#)
- Medication/Prescription Assistance: PARD Hotline 215-934-9412
- PARD, an association of community pharmacies in Philadelphia, has initiated a hotline to help patients who are having difficulty getting their medications. The person on the hotline will help the patient connect to a local pharmacy that is part of PARD and can help the patient get the needed medications. For chronic diseases many pharmacies are renewing even if the patient is out of refills.

### **Mental/Behavioral Health and Substance Use Resources**

- For mental health and addiction services, contact the Community Behavioral Health 24/7 hotline at 888-545-2600
- For mental health crises, call the crisis hotline 24/7 at 215-685-6440
- [Crisis Response Centers](#)
- For individuals in need of immediate opioid treatment support, contact the NET Access Point at 844-533-8200 or 215-408-4987. Or visit [Net Community Care](#).
- For free, 24/7 online behavioral health screening and resources, visit [Healthy Minds Philly](#)
- For intellectual disability services, call 215-685-5900.

### **Job Opportunities/Information**

- [CareerLink](#)
- [Essential Businesses Operating and Hiring during COVID-19](#)
- [Unemployment Compensation](#) (1-888-313-7284)
  - You may be eligible if:
    - Your employer temporarily closes or goes out of business because of COVID-19.
    - Your employer reduces your hours because of COVID-19.
    - You have been told not to work because your employer feels you might get or spread COVID-19.
    - You have been told to quarantine or self-isolate, or live/work in a county under government-recommended mitigation efforts.
- [Workers Compensation](#)
  - If you believe you may have been exposed to COVID-19 in your workplace, you may be eligible for Workers' Compensation by either:
    - Notifying your employer to file a typical "disease-as-injury" Workers' Compensation claim, which requires you to provide medical evidence that you were exposed to COVID-19 in the workplace.
    - Notifying your employer to file an "occupational disease" Workers' Compensation claim, which requires you to show that COVID-19 is occurring more in your occupation/industry than in the general population.
- **Using Sick Leave**
  - The City's "[Promoting Healthy Families and Workplaces Act,](#)" otherwise known as the sick leave law, has been further defined so that covered workers can use their paid sick leave for COVID-19 related preventative care without fear of retaliation. Employees are not required to provide a note from a medical professional in order to use consecutive paid sick leave during the COVID-19 health risk.
  - The emergency regulations which provide further definition are posted on the [City's regulations website](#) and are effective immediately.
  - During the COVID-19 risk, covered employees can use accrued paid sick time for the following:
    - Mandated business closures
    - Caring for children during school or childcare closures
    - Official quarantine and self-quarantine
    - Illness and treatment of an illness for yourself or a family member

