

LENT AT TRINITY EPISCOPAL CHURCH

**The journey through Lent into Easter is a journey with Jesus.
We are baptized into his life, self-giving, and death;
then, we rise in hope to life transformed.**

Lenten Digital Calendar

This seasonal resource (similar to an Advent calendar) is filled with messages, poetry, music and activities to guide you on that journey. Visit trinitynola.com/lenet each day as the next door is unlocked.

Foundations Class: Learning the Basics of the Christian Faith and Episcopal Tradition *Sundays, February 18 - March 24, at 12:00pm*

Anyone seeking a deeper understanding of Christian faith and life is invited to take Foundations, a course designed as preparation for adults considering Baptism, Confirmation, Reaffirmation, or Reception into The Episcopal Church. Please contact Ashley Bond at abond@trinitynola.com to register.

The Challenge of Caregiving and Why We Struggle

Thursdays, February 22, 29 and March 7, at 9:30am

41.8 million Americans provide unpaid help to care for an adult over 50. That's 17% of the adult population taking on the role of caregiver! For anyone who anticipates assuming this role, is actively doing so now, or has been a caregiver, you are invited to participate in a series of three discussions during Lent led by Debby Poitevent, LCSW. Questions? Contact Maria Elliott at melliott@trinitynola.com.

Family Night: Godly Play Family Style

Friday, February 23, 5:30pm - 7:00pm

This is an excellent opportunity for parents and children to experience a Godly Play story together and wonder about the great mystery that is Easter. Please RSVP to Ashley Bond at abond@trinitynola.com for dinner purposes.

Lay Eucharistic Visitors Lunch & Learn

Sunday, February 25 after 10:30 worship

Lay Eucharistic Visitors bring the Holy Eucharist to folks who cannot make it physically to worship. At the Lunch & Learn, we will hear from seasoned visitors and offer a simple training for new participants. Interested? Contact Maria Elliott at melliott@trinitynola.com.

Trinity Vocal Soloists

Saturday, March 2 at 3:00pm in the Church

Showcasing talented singers of the Trinity Choir and students in the music school at Loyola University. Layah Brown-Givens, soprano, David Michel, tenor, and Nathaniel Richard, baritone, whom have all sung in the Trinity Choir since 2022.

Seder Meal led by Rabbi Katie Bauman

Monday, March 25 at 6:00pm

Rabbi Katie Bauman from Touro Synagogue will lead a Seder (passover meal) for this community. The evening will include the Haggadah (narrative of the Exodus), as well as a passover meal, and is a wonderful opportunity to reflect on the Jewishness of Jesus. The last Seder filled up quickly so be sure to pre-register at <https://bit.ly/trinitynolaseder>.

Garden of Gethsemane

Maundy Thursday, March 28, 6:00pm - Midnight

*"He came back and found his disciples sleeping. So he said to Peter, Can't any of you stay awake with me for just one hour?"
- Matt 26:40*

The Garden of Gethsemane sits at the foot of the Mount of Olives in East Jerusalem. It is where Jesus and his friends would often go to pray and it is the place where Jesus suffered great agony before being betrayed, arrested, and crucified. As a way to prepare ourselves for the Mystery of Easter, the chapel will transform into our own version of the Garden of Gethsemane so that we may "keep watch and awake with Christ's body and blood."

- Helpers are needed to create the "Garden of Gethsemane." Contact abond@trinitynola.com to learn more.

EYC Maundy Thursday Watch and Lock-in

Thursday, March 28, 6:00pm - Friday, March 29 7:00am

High school students are invited to gather at Molly's House for an overnight lock-in with games, movies, glow in the dark basketball, and a bonfire. Students will have an opportunity to "keep watch" at the Garden of Gethsemane in the chapel. Questions? Contact sarah.bomhoff@gmail.com. Youth participants must register at <https://bit.ly/EYCMT>.

CHILDREN AND FAMILIES

Nursery (Infants - 3 years) and Big Kid Care Sundays, 9:00am - 12:00pm

Our High School Nursery Team is here to welcome our littlest church members with joy and excitement! Big Kid Care is available for older children while parents participate in any of our 9:15am formation offerings. **RSVP for Big Kid Care is required.** Email abond@trinitynola.com.

The Pray Ground at 10:30am worship is a designated area where children can experience worship while being physically comfortable. Spirit bags, books, and Godly Play materials are available to help children stay engaged.

Episcopal Youth Community for 9th-12th graders

Molly's House is open every Wednesday, 6:00pm-8:00pm, with much more to come! Questions? Email sarah.bomhoff@gmail.com.

ADULTS

Sunday

Rector's Forum

9:15am - 10:15am in the Parish House

Using the weekly lectionary, explore scripture through culture, movies, the arts and literature with the rector, Rev. Andy Thayer.

Faith and Fiction

9:15am - 10:15am in the School Library / Zoom

Discuss secular short stories from a Christian perspective.

Twelve Steps are for Everyone

9:15am - 10:15am in the Church Board Room

Participants discuss the effectiveness of the 12 steps of recovery as a process for spiritual growth.

Wednesday

Men's Prayer Breakfast

6:30am - 8:00am in the Parish House

A home-cooked breakfast and Bible study with the rector, Rev. Andy Thayer.

Trinity's Daily Meditations

Direct to your Inbox, Monday - Saturday

Trinity's clergy, staff and parishioners write reflections on the daily office. Sign up to receive them each morning at www.trinitynola.com/daily-meditation-sign-up/

Godly Play (PK3 - 5th Grade)

Sundays at 10:30am

Children PK3 to 5th grade are invited to enter into a deeper and more playful relationship with God. The children meet during the "Sunday school hour" from 10:30am to 11:15am. Classes are organized by grade. After class, the children are led by their respective Godly Play mentors to join their families for communion.

WORSHIP IN LENT

Sunday

Rite I Holy Eucharist

8:00am in the Chapel

Use of traditional language, organ.

Rite II Holy Eucharist

10:30am in the Church

Features Trinity's Choir, organ.

Features Nursery Care (0-3), Godly Play (PK3-5th), and the Pray Ground (in our worship space).

Rite II Holy Eucharist

6:00pm in the Chapel

Features Paul Weber/piano and Chip Wilson/guitar

Weekdays

Daily Eucharist in Lent (M-Th)

7:30am in the Chapel

An Evening of Prayer and Healing

Tuesdays at 6:00pm in the Chapel

On the 2nd Tuesday of the month, an adapted evening prayer with the sacrament of anointing.

Morning Prayer and Meditation in Lent

Fridays at 7:30am in the Chapel

Join Maria Elliott on Fridays during Lent for Celtic prayers of John Philip Newell and a guided meditation.

Saturday

YogaMass

10:30am in the Church

On the 1st Saturday of the month, YogaMass brings together the practice of yoga and Holy Communion.

Visit trinitynola.com/len for Holy Week Schedule

SHARE YOUR SUPPORT

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