Exploring Our Faith • August 7, 2022

Abraham and Sarah

A story based on Hebrews 11:1-3, 8-16

Abraham and Sarah lived in a busy city called Haran. They had a comfortable home, lots of camels and sheep and goats. But they didn't have children.

One day, God said to Abraham and Sarah. "I want you to leave this city and move to a new place." Abraham and Sarah didn't say, "Why?" or "We are too old to travel," or "We don't want to move." Abraham and Sarah trusted God.

So, Abraham and Sarah began to get ready. It took a long time (pause). At last, they were ready.

Abraham walked; Sarah walked; their helpers walked; their animals walked. Step. Step. Step. Every day they walked. Every night they set up their tents.

Sometimes, when everyone else was sleeping, Abraham and Sarah would sit together outside their tent and try to count the billions of stars twinkling in the sky. They would laugh. "There are just too many stars," they would say.

Finally, God told Abraham and Sarah, "Now you can stop. This place will be your new home. This will be the place where you will begin your family. And someday you will have a family so big it will be hard to count them all – it will be like all the stars that you tried to count in the sky. I promise."

Abraham and Sarah had no children, but they trusted God. And one day, even though Sarah and Abraham were old, they did have a baby!

And their family grew and grew and grew. All this happened because Abraham and Sarah had faith in God.

Star-Spangled Play Dough

God promised Abraham and Sarah that their family would be so big it would be hard to count them all – it would be like trying to count all the stars in the sky. Create star-spangled play dough as you wonder about Sarah and Abraham's family that grew and grew because Abraham and Sarah had faith and believed in God's promise.

You will need

2 cups of flour

½ cup of salt

1½ cups of boiling water

1 tbsp of vegetable oil or baby oil, or coconut oil

2 tbsp cream of tartar

dark blue or black food colouring

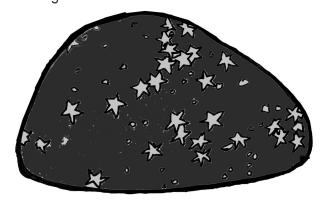
a few drops of Glycerin* (for shine and stretch)

* available from pharmacies and health and beauty sections of supermarkets

Metallic star confetti

Instructions

- 1. In a bowl, combine flour, salt, and cream of tartar.
- Add several drops of dark blue or black food colouring to the boiling water. For a night sky, you will need guite a few drops of black.
- 3. Combine liquid with the dry ingredients.
- 4. Mix until the play dough is formed.
- 5. Knead the dough for several minutes.
- 6. Add more food colouring as you knead if a more intense colour is required.
- 7. Add glitter and metallic stars.





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Instructions

- 1. Copy circles onto card or heavy paper.
- 2. On the blank circle, draw yourself. Option: if you have a photograph, you could glue it on instead.
- 3. Decorate all three circles.
- 4. Cut them out and punch a small hole in the top of
- 5. Thread some string or yarn through the hole; a piece of sticky tape around the end of the yarn will make threading easier.
- 6. Tie each circle to a coat hanger. Hang this in your room as a reminder that God is always with you.

Wherever I am...

God is always with me.