

# JOIN WE ARE GEORGE TODAY.



## WHAT WE'RE LOOKING FOR

We Are George is searching for young professionals who are passionate about breaking down the stigma surrounding children's mental health. No prior experience working or volunteering in the mental health field is needed; our committee members have a variety of professional backgrounds. Information regarding our roles can be found at [georgehullcentre.on.ca/foundation/get-involved/join-we-are-george](http://georgehullcentre.on.ca/foundation/get-involved/join-we-are-george).

### WE ARE GEORGE

YOUNG LEADERS GROUP



## WHO IS 'WE ARE GEORGE'?

We Are George is the George Hull Centre's Young Professionals Group. Its primary purpose is to raise awareness of The George Hull Centre and its initiatives among young professionals in the GTA and cultivate the next generation of donors/board members. Over the last six years, We Are George has raised over \$100,000 for the Centre through annual fundraising events.

## ABOUT THE GEORGE HULL CENTRE

The George Hull Centre is a leading children's mental health centre in Toronto, serving thousands of children and families each year. The Centre helps children from birth to 18, together with their families, achieve mental wellness. By working together with families, and by providing the best possible care, the George Hull Centre can make a difference in the lives of children as they grow and develop into valued members of society.

## WE ARE GEORGE OBJECTIVES

We Are George meets monthly to brainstorm new fundraising and awareness ideas. We are a small but passionate community who collaborates on upcoming events/initiatives in order to achieve the following objectives:

1.

To raise awareness surrounding mental health topics among young professionals in the GTA.

2.

To raise awareness for the George Hull Centre among young professionals in the GTA.

3.

To raise funds for the George Hull Centre to support programming that benefits the community.

4.

To recruit new committee members in order to maintain strong succession strategy and sustainable growth.



## COMMITTEE MEMBERS:

**Cameron Chamberlain**  
Portfolio Strategist, Fidelity Canada; enjoys travel; grandfather was the founding Executive Director of the Centre.

**Martina Esteves**  
Social Worker, Trillium Health Partners; enjoys baking cookies; working in the mental health field.

**Martine Steiner**  
Master of Public Health student at the University of Toronto; loves baking and skiing; saw how mental health affects youth and students as a first responder.

**Brianna Carrasco-Bonilla**  
York University undergraduate psychology and sociology student; enjoys reading books, doing yoga, and spending time with pets; passionate about mental health awareness and advocating for those facing systemic barriers.

**Tarini Chandak**  
Senior Manager, Deloitte Consulting; enjoys travel, cooking, and podcasts; passionate advocate for mental health awareness amongst young people.

**Nicole Abbott**  
Loves going to concerts; passionate about bringing awareness to youth mental health struggles.

*Investing in children is one of the most prudent investments we can make in the future of our communities and our society. My grandfather, George Hull, was passionate about community and facilitating the success of our youth. By creating We Are George, we are engaging the next generation of volunteers for the Centre and breaking down the stigma surrounding mental health.*

Nathalie Hull, founder of We Are George (2014)

Contact We Are George at [wag@georgehull.on.ca](mailto:wag@georgehull.on.ca) if you are interested in joining this dynamic group of individuals who are helping to break down the stigma surrounding mental health!

