



The Greek Orthodox Church of St. Demetrios'
13th Annual Grocery Bag Parish Food Drive

"Compassionate Friends" Outreach Ministry invites you to help us kick off our Annual Grocery Bag Drive starting Feb 21 and ending April 25. As we begin to enter a time of preparation for the spiritual journey of Lent, we are asked as Orthodox Christians to draw closer to God through worship, prayer, fasting, and acts of charity. Covid has brought financial hardships for many and we humbly ask your help in filling the bins and pantries of those in need. As always, items collected will be reserved for our own needy parishioners and distributed to the local food pantries in Addison and Elmhurst.

The following is a list of suggestions for filling up your bag. Please make sure items are new, unopened, and are still within their expiration. **Please return bags by April 25.** Collection bins to return donated items can be found in the narthex as well as in the vestibule adjacent to the office. Thank you for your love and support!!!

Gift cards to local grocery stores, Target or Walmart can be dropped off in the church office. We often receive requests for help with other needs, so gift cards would be much appreciated.

Canned Goods

Fruits and vegetables
Soup and gravy
Applesauce
Meats (salmon, tuna, chili)
Ravioli and Spaghetti
Manwich
Peanut butter/ jelly
Hot/ dry cereal
Barbecue sauce
Spaghetti sauce
Condiments
Hamburger, chicken, or tuna helper

Dry Foods

Soup Mixes
Sauce/ Gravy mixes
Rice/ rice mixes
Pasta/ pasta mixes
Mac and cheese
Instant potatoes
Jello/pudding
Coffee ground/instant
Tea
Pancake mix/ syrup
Crackers/ cookies

Toiletry Items (*big need)

Paper Towels, toilet paper
Kleenex, Napkins
Laundry Detergent/ fabric softener
Toothpaste/ toothbrush
Shampoos/ conditioners/ body soap
Dish Soap/ Hand Soap

Baking items (flour, sugar, cake/muffin mix)

In addition, we would love to have more Greek items donated so our parishioners in need can enjoy. Items such as fakes, hilopites, kritharakia, Greek coffee, etc...are greatly appreciated.