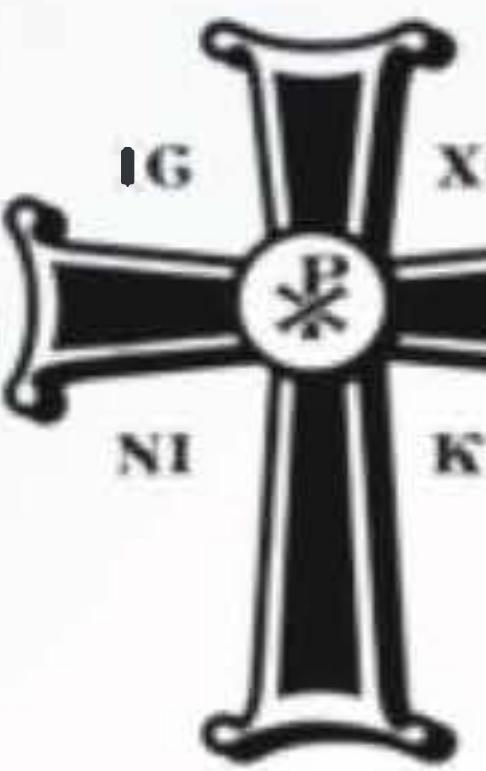


Virtual 5K | May 23, 2020

## METROPOLIS OF CHICAGO

# CROSS TOWN 5K



Walk/Run



## WHAT YOU NEED TO KNOW

### IMPORTANT POINT!

All funds raised from the Cross Town 5K will go toward the Metropolis of Chicago's COVID-19 Parish Relief Fund. The Fund was established to leverage the reach of the Metropolis to raise funds for our parishes most impacted by the Coronavirus pandemic. Can't participate? Donate now at [chicago.goarch.org/donate](http://chicago.goarch.org/donate).



### Sign Up!

Register at [metropolisofchicago-crosstown5k.itemorder.com/sale](http://metropolisofchicago-crosstown5k.itemorder.com/sale)  
To receive a t-shirt, register by **May 10**



### Collect a Pledge!

Collect pledges and sponsorships at [chicago.goarch.org/crosstown5k](http://chicago.goarch.org/crosstown5k) by sharing your participation with friends and family



### Pick a Place!

Choose the time and place to move for 5 kilometers on **May 23**



### Snap a Pic!

Capture your 5K with a picture, video, or boomerang with your cross or icon



### Post It!

Post your media on Facebook with **#SeparateButUnited**



### Grab and Go!

Pick a favorite cross or icon and start moving



GREEK ORTHODOX ARCHDIOCESE OF AMERICA  
METROPOLIS OF CHICAGO

Make sure to comply with all safety and COVID-19 laws, ordinances & orders

