

FREE VIRTUAL SUPPORT AND LEARNING GROUPS

Breathe

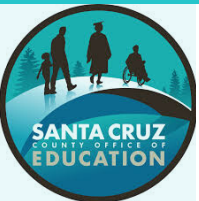
VISIT [PDCRCC.ORG/CLASSES-SCHEDULE](https://pdcrc.org/classes-schedule) TO
REGISTER AND FOR MORE INFO

WEDNESDAYS- ESPAÑOL

11AM-12PM

THURSDAYS- ENGLISH

3-4PM



EMAIL STEPHANIE@PDCRCC.ORG
CALL 831-476-7284 X107

GRUPOS DE APOYO Y APRENDISAJE GRATIS

respira

VISITE PDCRCC.ORG/CLASSES-SCHEDULE
PARA MAS INFORMACION
Y PARA REGISTRARSE

MIERCOLES- ESPAÑOL

11AM-12PM

JUEVES- INGLES

3-4PM



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