

The Brain Architecture Game

We are so excited to offer your workplace a NEW opportunity to engage your staff. THE BRAIN GAME. Learn about the powerful impact of early childhood experiences and stress on brain development. Participants will “build a brain” based on life experiences, some will be positive and some will create toxic stress.

How do these experiences affect your brain?

The goal of the game is to build a brain that is tall, which represents functional brain activity, but is also strong so that it won't collapse under the burden of stress.



The Brain Game is an excellent team building opportunity and a great tool to enhance your workplace campaign! This year we have created a menu of engagement opportunities to increase the understanding of the needs in our community. The Resource Development Team is happy to facilitate any of these activities at your workplace.

Click [here](#) to take a look at this year's Engagement Menu.

For more information, or to schedule an Engagement Activity please e-mail info@caunitedway.ca or call 403-343-3900.