

BRICK TOWNSHIP SENIOR SERVICES - JULY 2025 CALENDAR OF ACTIVITIES

Brick Senior Center • 500 Aurora Place, Brick, NJ 08723 • 732-920-8686 • brickseniors@bricktownship.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm	2 COFFEE & CROISSANTS WITH MAYOR CRATE 10am <i>Call to register beginning 6/19</i>	3 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm TAI CHI.....1:30pm - 2:30pm	4 
7 ZUMBA.....9:15am - 10:15am LINE DANCING.....10:30am - 11:45am COMMUNITY CAFE.....11:30am - 1:30pm MAHJONG.....12:30pm - 3:30pm	8 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm	9 STRETCH & STRONGER.....11am - 12pm MAHJONG.....12:30pm - 3:30pm	10 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm TAI CHI.....1:30pm - 2:30pm	11 WALKING CLUB.....8:30am <i>Meets at Drum Pt. Sports Complex/Call to register</i> THE BOOK NOOK CLUB.....10am COMMUNITY CAFE.....11am - 1pm BINGO.....12pm <i>Call to register beginning 7/1</i> DANCING FEET.....1:30pm-3:30pm
14 ZUMBA.....9:15am - 10:15am LINE DANCING.....10:30am - 11:45am COMMUNITY CAFE.....11:30am - 1:30pm MAHJONG*.....12:30pm - 3:30pm	15 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm	16 STRETCH & STRONGER.....11am - 12pm MAHJONG.....12:30pm - 3:30pm SMITHVILLE BUS TRIP <i>Call to register beginning 7/3</i>	17 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm TAI CHI.....1:30pm - 2:30pm	18 WALKING CLUB.....8:30am <i>Meets at Drum Pt. Sports Complex/Call to register</i> CRAFT CLASS.....10am <i>Call to register beginning 7/9</i> COMMUNITY CAFE.....11am - 12:15pm DANCING FEET.....1:30pm-3:30pm
21 ZUMBA.....9:15am - 10:15am LINE DANCING.....10:30am - 11:45am COMMUNITY CAFE.....11:30am - 1:30pm TALKING WITH JEN.....12pm MAHJONG*.....12:30pm - 3:30pm	22 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm ACRYLIC ART CLASS.....1:15pm <i>Bring your own canvas - 16"x20" recommended</i>	23 STRETCH & STRONGER.....11am - 12pm MAHJONG.....12:30pm - 3:30pm UNCLE GIUSEPPE'S BUS TRIP <i>Call to register beginning 7/8</i>	24 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm TAI CHI.....1:30pm - 2:30pm	25 WALKING CLUB.....8:30am <i>Meets at Drum Pt. Sports Complex/Call to register</i> COMMUNITY CAFE.....11am - 12:15pm SKIN CARE PRESENTATION.....12:15pm <i>Call to register beginning 7/15</i> DANCING FEET.....1:30pm-3:30pm
28 ZUMBA.....9:15am - 10:15am LINE DANCING.....10:30am - 11:45am COMMUNITY CAFE.....11:30am - 1:30pm MAHJONG.....12:30pm - 3:30pm	29 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm	30 STRETCH & STRONGER.....11am - 12pm MAHJONG.....12:30pm - 3:30pm OCEAN COUNTY MALL BUS TRIP <i>Call to register beginning 7/17</i>	31 FLOOR YOGA.....9am - 9:45am CHAIR YOGA.....10am - 11am CHAIR AEROBICS.....11:30am - 12:30pm TAI CHI.....1:30pm - 2:30pm	* due to parking lot paving, classes and activities may be held at alternative locations. Call the Senior Center for details.



BRICK TOWNSHIP SENIOR SERVICES

AMY SCHMIEDEBERG, *Director*

BRICK SENIOR SERVICES & SENIOR CENTER

Serving Brick residents ages 60 and over

Senior Services staff is available to help with applications for various benefit programs to help with utility, property tax and prescription expenses such as PTR, Senior Gold, PAAD, home energy assistance, Meals on Wheels and to provide you with information on other senior benefits.

Are You a Caregiver?

Are you helping an elderly parent, friend, neighbor or someone who is frail or disabled? Are you assisting with their food shopping, driving them to doctors, preparing their meals? Caregiving for an elderly person can be difficult. Resources & services are available that may assist you in caring for a loved one.

The Community Café

Mondays and Fridays – check calendar for time. Suggested donation of \$4. Lunch reservation by 11am the day before is required. Transportation to site is available.

Donation Policy

A suggested donation of \$4 is requested for each class. Donations will be used to enhance Senior Services programs and offerings.

Mayor **LISA CRATE**
Township Council
 Councilman **PERRY ALBANESE**
 Councilman **DERRICK AMBROSINO**
 Councilwoman **HEATHER deJONG**
 Councilman **STEVE FEINMAN**
 Councilman **VINCE MINICHINO**
 Councilwoman **MARIANNA PONTORIERO**
 Councilwoman **MELISSA TRAVERS**



Funded in part by a grant from the Ocean County Board of Commissioners

Ocean Inc. Home Energy Assistance (LIHEAP & USF) is currently accepting applications. Income limits are as follows:
 Monthly income:
 Single \$3,991/Couple \$5,219
 Annual Income:
 Single \$47,896/Couple \$62,633
 Call the office to schedule assistance with the application.

2024 Form PAS-1 Booklet

Application for PTR (Senior Freeze), Anchor & Stay NJ Program
 Call for an appointment or walk-in any Wednesday for assistance.
 Bring your 2023 & 2024 income tax returns with you to office.

FOR MORE INFORMATION ON THESE SERVICES PLEASE CALL THE SENIOR CENTER AT 732-920-8686

COFFEE & CROISSANTS

with *Mayor Lisa Crate*

Wednesday, July 2 at 10am
 Call to register beginning 6/19

BINGO!

Friday, July 11 at 12pm
 provided by Beacon of Life

Call to register beginning 7/1

THE BOOK NOOK

Friday, July 11 at 10am
This month's book:
"Daring to Drive" by Manal al-Sharif

Join our WALKING CLUB

Every Friday @ 8:30am
MEETS AT THE DRUM PT. SPORTS COMPLEX

Brick Township SENIOR SHUTTLE

The Senior Shuttle provides residents ages 60 and over with free transportation to the Brick Senior Center, medical appointments, Brick Township's shopping areas as well as to special events in the township and surrounding communities.

JULY BUS TRIPS

Smithville
Wednesday, July 16
Call to register beginning 7/3

Uncle Giuseppe's
Wednesday, July 23
Call to register beginning 7/8

Ocean County Mall
Wednesday, July 30
Call to register beginning 7/17

SENIOR SHUTTLE DIALYSIS TRANSPORTATION

Call for a screening and scheduling your rides. Service is available Monday through Friday. Appointments within Brick Township only.

To reserve a ride or for more information, call 732-920-8686

Skin Care Presentation

Presented by RX Wound
 Education on learning to enhance care & improve wound healing
Friday, July 25th at 12:15
Must register beginning 7/15