

St. Charles Borromeo School  
*Daily Health Check for STAFF, STUDENTS & VISITORS*

**Instructions:**

1. If you answer “YES” to any one of these questions, you are not allowed to enter the school building or classroom. Please contact the school nurse or office.
2. If you answer “No” to all questions you may enter the building.

*Daily Health Assessment Questions:*

1. **Have you had a fever of over 100 F or greater** in the past 24 hours without temperature reducing medicines such as acetaminophen or ibuprofen?
2. **Do you have any of the following symptoms?**
  - Difficulty breathing/shortness of breath
  - New loss of smell/taste
  - New onset of cough/change to baseline or dry persistent cough that leaves you short of breath
  - New onset of abdominal pain
  - Nausea/vomiting/diarrhea
  - New onset of severe headache
3. **Do you have two or more of the following symptoms?**
  - Chills/rigors
  - Sore throat
  - Congestion/runny nose
  - Fatigue
  - Headache
  - Muscle/body aches
4. **Have you been in contact** within the last 14 days with someone with a confirmed diagnosis of COVID-19? **OR** Have you been told to self-quarantine because of exposure to someone with COVID-19 or a pending test for COVID-19?
5. **Have you traveled** outside the country in the past 14 days? If traveling, please review the [Ohio Travel Advisory](#)

*While in the Building*

1. Maintain social distancing, keeping a minimum of 6’ distance apart.
2. Wear a cloth face covering your nose and mouth or a face mask.
3. Wash Hands frequently for a minimum of 20 seconds.



**NOTE: A NEGATIVE COVID-19 test does NOT** clear you to return to work/school. A healthcare provider **MUST** write a note for you to return to work/school. It is recommended that whenever you visit a healthcare provider that you obtain a note to return to work/school.