

St. Charles Borromeo School
Daily Health Check for STAFF, STUDENTS & VISITORS

Instructions:

1. If you answer **“YES”** to any one of these questions, you are not allowed to enter the school building or classroom. Please contact the school nurse or office.
2. If you answer **“No”** to all questions you may enter the building.

Daily Health Assessment Questions:

1. **Have you had a fever of over 100 F or greater** in the past 24 hours without temperature reducing medicines such as acetaminophen or ibuprofen?
2. **Do you have any of the following symptoms?**
 - Difficulty breathing/shortness of breath
 - New loss of smell/taste
 - New onset of cough/change to baseline or dry persistent cough that leaves you short of breath
 - New onset of abdominal pain
 - Nausea/vomiting/diarrhea
 - New onset of severe headache
3. **Do you have two or more of the following symptoms?**
 - Chills/rigors
 - Sore throat
 - Congestion/runny nose
 - Fatigue
 - Headache
 - Muscle/body aches
4. **Have you been in contact** within the last 14 days with someone with a confirmed diagnosis of COVID-19? **OR** Have you been told to self-quarantine because of exposure to someone with COVID-19 or a pending test for COVID-19?
5. **Have you traveled** to any state under a state of Ohio advisory or outside the country in the past 14 days?

While in the Building

1. Maintain social distancing, keeping a minimum of 6' distance apart.
2. Wear a cloth face covering your nose and mouth or a face mask.
3. Wash Hands frequently for a minimum of 20 seconds.



NOTE: A NEGATIVE COVID-19 test does NOT clear you to return to work/school. A healthcare provider **MUST** write a note for you to return to work/school. It is recommended that whenever you visit a healthcare provider that you obtain a note to return to work/school.