

Alter Lady Knights Basketball - State Champions - 2008 - 2015 - 2016 - 2017 - 2022

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## Upcoming Events

### Pre-Season Clinics - Conducted By Pro-Shot Shooting System

We are excited to welcome back to Kettering Pro Shot System to conduct our Pre-Season Clinics. We have hosted them several times in the past. They do an incredible job improving players' shooting and scoring. Check them out here - Pro Shot System (<https://www.proshotsystem.com/>)

Come see what "The Finger" is all about. Space is limited so register early - Registration (<https://juniorladyknights.org/registration/>)

Cost is \$35 per session, or \$60 for both.

#### **September 22nd - Orchard Park Elementary School, 600 East Dorothy Lane**

4:00 - 6:00 - Shooting Clinic

6:15 - 8:15 - Scoring Clinic

#### **September 29th - Orchard Park Elementary School, 600 East Dorothy Lane**

2:30 - 3:30 - 2nd Grade

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3:45 - 4:45 - 3rd & 4th Grade

5:00 - 6:15 - 5th Grade

6:30 - 8:00 - 6th, 7th & 8th Grade

**October 6th - Orchard Park Elementary School, 600 East Dorothy Lane**

2:30 - 3:30 - 2nd Grade

3:45 - 4:45 - 3rd & 4th Grade

5:00 - 6:15 - 5th Grade

6:30 - 8:00 - 6th, 7th & 8th Grade

## Pre-Season Meeting

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**October 13th - Online**

7:45 - 8:45

## Evaluations

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