



Fall Fun with Leaves

Fall weather has arrived! Soon the trees will be displaying wonderful colors before they begin to fall. One way to stay active and enjoy the change of seasons is a nature walk. It's a great way to explore and observe the leaves up close. Collect leaves to press and dry out at home. Talk about the different colors, sizes, shapes, textures, and types of leaves. Some trees have leaves while others have needles. Collect all the different colors you observe on your hike. Compare what you collect and talk about your observations. Do the leaves on a tree have all the same color? How many different colors can you find? What does the grass look like under the leaves you find? Do you find any flowers blooming? Do you see any animals on your hike? Have the leaves turned colors on all the types of trees? These are just a few things to discuss as you walk! Here are a few things to take with you when you hike:

- Plastic bags for bringing leaves and other items home
- A snack and water bottle if you are going for a long walk
- A notebook and pencil to help you remember things you see but can't take home
- Camera to take pictures along the way
- Backpack or bag to keep it all in

When you get home you can press the leaves between old newspapers and books to keep the leaves flat! Have fun!

Any questions, contact Annette King at twinkings2@gmail.com!