

# **COVID-19 Holiday Safety Tips**



During this holiday season, Public Health urges you to stay safe. Public Health recommends you do not host or attend large parties or gatherings.



#### **Lower Risk Activities**



## Having a small dinner with only people who live in your household



Having a virtual dinner and sharing recipes with friends and family



Preparing traditional family recipes for family and neighbors, especially those at higher risk of severe illness from COVID-19, and delivering in a way that limits contact with others



Shopping online



Don't forget to

Wear a mask



Keep Your Distance

### **Moderate Risk Activities**



Having a small outdoor dinner with family and friends who live in your community



Attending a small outdoor sports event with safety precautions in place



Hosting cookouts
Lower your risk by
following CDC's
recommendations
on hosting gatherings
or cook-outs.



Wash your hands thoroughly or use hand sanitizer after touching shared holiday decorations

# Avoid These High Risk Activities to Help Prevent The Spread of COVID-19



Shop Alone and limit trips to stores to less busy times.



Attending large indoor gatherings with people from outside of your household



Participating or being a spectator at a crowded event or activity



Using alcohol or drugs can cloud judgement and increase risky behaviors

