

Dear Parent or Guardian:

Milton High School takes seriously the emotional and physical safety of our students. In order to proactively address concerns of depression and teen suicide, Milton High School is joining with other Fulton County schools to offer suicide prevention training as part of the SOS- Signs of Suicide Prevention Program. This program has proven successful at increasing help-seeking by students concerned about themselves or a friend and is the only school-based suicide prevention program selected by SAMSHA for its National Registry of Evidence-Based Programs and Practices that addresses suicide risk and depression, while reducing suicide attempts.

Our goals in participating in this program are straightforward:

- To explain that suicide is a preventable tragedy that often occurs as a result of untreated depression.
- To provide students training in how to identify serious depression and potential risk of suicide in a friend.
- To impress upon teens that they can help themselves or a friend by taking the simple step of talking to a responsible adult about their concerns.

This program will be implemented through the 9th grade Biology classes in early September of 2016.

If you **DO NOT** wish for your child to participate in the SOS- Signs of Suicide intervention training in school, please complete the enclosed form and return it to Milton High School to the attention of Melisa Marsh in the Counseling Department. If we **DO NOT** hear from you before **September 2, 2016**, we will assume your child **has permission** to participate in this program.

If you have any questions or concerns about this program please do not hesitate to contact your counselor.

I, _____,
(Name of Parent/Guardian)

DO NOT give permission for

(Name of Student)

to participate in the SOS- Signs of Suicide Prevention Program at Milton High School.
This program is scheduled to take place in September of 2016.

X _____
(Signature of Parent/Guardian)