



A change of plans they don't regret

A lot has changed for David and Margie Saland. A year and a half ago, senior living options weren't even on their radar, and now they've moved into a Villa at White Horse Village.

"It turned out to be the best decision ever," Margie reflects.

They were taking a trip when they got an email about an opportunity to visit the campus, and David suggested that they check it out when they got back.



They were already familiar with White Horse Village, having visited for dinner with friends. Now, they got a more in-depth introduction and toured some of the living options.

"We had no intention of moving," Margie recalls. "But we kind of looked at each other and said, you know, this is doable."

There is a waitlist for some types of homes here. That doesn't mean there's no chance to find a spot, though, as people on the list may not be ready to move when a home opens up. That was the case for the Salands, who were able to quickly get a Villa.

David and Margie have enjoyed meeting the many interesting residents who call this community home, and have found them to be friendly, considerate, and generous. They also value the many resident-driven activities and chances to volunteer in a wide range of roles. There's plenty to do, and the Salands have taken the chance to contribute to their new community.

David has been able to give his input on the dining committee. Margie has volunteered to help arrange flowers for the lobby, and serves on the landscaping committee. She is also taking over coordination of the monthly art display outside the Grille, finding artists among the residents and in the broader region to display their work. And they both joined the committee raising funds for Alzheimer's research.

A favorite aspect of life here for the Salands is the sense of community. It's easy to arrange a get-together for cards or dinner, and they've enjoyed taking part in bocce and shuffleboard tournaments. "It's a lot of fun," David says.

When David had a minor health issue come up, neighbors immediately called to check in and offered to bring food or go shopping for them.

Along with the friendships, they also tout the amenities, like the high-quality healthcare available only steps away; the Wellness Center with its indoor pool and variety of exercise activities; or the library that can order books from the broader library system if it doesn't have a title. They're also excited about the beautiful natural setting with walking paths among mature trees.

"This is an environment that just begs you to take a walk, and it's one of the things that I really enjoy about living here," Margie says.

The Salands are glad they didn't procrastinate about moving to a CCRC.

"Come early; there's a lot to do," David says. "You don't want to wait," Margie adds.

"We've just been having a wonderful time," David says. "Every day we get up and say, 'We are so lucky.'"