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Team Member Spotlight: Kathy Hynson, outpatient lead LPN



In her decades of service at White Horse Village, Outpatient Lead LPN Kathy Hynson has seen multiple generations of family members become residents, a testament to the service the community provides.

Kathy has worked here for 25 years, long enough that several times children of former residents have recognized her when they move in themselves. She remembers them too—one looked just like his dad, she recalls.

The reason she's crossed paths with so many residents is that in her role, Kathy works to coordinate medical care with their doctors, and meets with incoming residents for their health assessments.

She once worked as a bank manager, but switched careers to nursing after caring for her father during an illness. Kathy started at White Horse Village in skilled nursing, but soon switched to the Outpatient Department. She figured she'd try it out and could return to her old job if she didn't like it, but she never looked back.

"No two days are alike," she says.

The youngest of 12 children, Kathy relates naturally to people of all ages. She works with residents who enjoy an independent lifestyle and works with them to maintain good health and high quality of life, a mission she says puts a different spin on nursing. "Our residents are very vibrant."

Kathy likes to walk campus during her lunch breaks, building relationships. "Everyone is very friendly," she says. Building that trust means when the need for medical treatment arises, residents are comfortable talking about their needs. If residents wake up and don't feel well, they can come to her, and she'll work with them to address the problem. She also helps manage medications.

In her free time, Kathy enjoys riding a Harley Davidson motorcycle with her husband. They've traveled a lot, visiting places like New Orleans, Georgia, the Carolinas, and Niagara Falls. She also enjoys volunteering at her church and visiting with her three grandchildren in Maryland.