



What are 'levels of care'? Here are the basics

Like many other continuing care retirement communities, White Horse Village is set up around four basic levels of care to ensure it can meet the needs of all residents.

What are the levels of care, exactly, and how do they differ from each other? Here's an overview from Patty St. Clair, manager of admissions and social services in Healthcare.



Independent Living

Most people are familiar with this one because they start here when they move in, choosing an apartment or house somewhere in a campus neighborhood. They may take advantage of different support services, but for the most part are self-sufficient in daily life.

Bridlewood Personal Care

Personal care in Bridlewood is for those who need a little more assistance, perhaps with regular check-ins or managing medication. They're able to take part in campus activities and visit the Steeplechase or Paddock Grille for dining.

Care services are customizable.

Four Seasons Memory Care

Four Seasons is the spot for those who might need assistance similar to Personal Care, but also have an official dementia diagnosis. This part of the community offers a number of programs

and activities tailored to those with declining memory, and there's security in place to keep residents safe.

Canterbury Skilled Nursing

When residents need more attention, Skilled Nursing offers a variety of health services including physical therapy and rehab. Nurses and certified nursing assistants are on duty 24/7 and physicians are always available by phone and visit during the week.

Residents who have used Skilled Nursing speak highly of the experience, Patty says.

"None of us want to think that we're going to need extra help," she says. But we will — and that's exactly what White Horse Village is designed to offer, providing peace of mind for the future.

To learn more or schedule a tour, call Patty St. Clair at 610-558-5084.