



A new life is blooming after their move

It wasn't easy for Art and Kay Tuch to make the decision to move from their home of more than 50 years in Wallingford, but that's what they did this past June when they settled into a villa in Kelso Court.

Art, a retired physician, and Kay, a former teacher and office manager for Art's practice, knew from experience that caring for parents can take significant effort. Their two daughters won't have to worry about that. "Right now, we might not need so much care, but if we did, it's here," Kay says.



When choosing a community they weighed five or six options in Delaware County and Montgomery County. They liked that White Horse Village was a nonprofit community, and one with natural spaces instead of high-rises. More importantly, though, they sensed a positive community spirit. "We had heard from various people that everybody was so friendly and welcoming, and we found that to be true," Kay reflects.

They've enjoyed the setting so far. In the mornings, Kay likes to open the blinds of her villa and savor the view of the peaceful meadow that anchors the White Horse Village campus. "And I just finished my garden, so I look at that also, and that makes me happy," she says.

Kay has long helped organize events, so she has already gotten involved in volunteering for Octofair. For his part, Art enjoys the arts — he's been a pianist for years, and would like to get into playing the string bass in a musical ensemble. He's also taken up painting, drawing, and sculpting, and is interested in starting an improv group.

The couple already knew a few people in this community, but have quickly expanded their circle of friends by making it a practice to meet other residents for dinner multiple evenings a week. It's been a great way to plug in, Art says.

Beyond their growing friendships, the Tuchs also speak highly of the Wellness Center. "All the instructors are great," Kay says. "It's just so much fun."

Art praises the Wellness team that helps with balance training. "It really is extraordinary. They're sincere, they're thorough, and they're quite advanced in the way they approach things."

Kay is looking forward to next spring, when the perennials and shrubs she's planted will blossom. In the meantime, she and Art will continue planting seeds of relationship as they enter this new season of life.