



Jewish Family and Children's  
Service of Minneapolis

# Twin Cities Jewish Healing Program

## TCJHP Jewish Resources

*Valuable spiritual resources for Healthcare Chaplains helping Jewish patients deal with illness and loss*

### JFCS Publications

#### Jewish Prayers and Reflections on Healing

*Purchase from JFCS - \$1/pamphlet + shipping*

A publication of the Twin Cities Jewish Healing Program, this 3-fold pamphlet conveys a message of hope, support and caring from the Jewish community to those who are ill. This pamphlet includes both traditional and new prayers for healing in Hebrew, as well as English translations.

#### Jewish Spiritual Companion for Medical Treatments

This 68-page booklet created by the Twin Cities Jewish Healing Program includes modern and traditional resources, offering insights on health and healing. It serves as an excellent resource for patients, family members, friends, clergy, and health-care professionals. Deeply linked to comforting Jewish traditions, this guide offers prayers, psalms, and inspiring personal narratives to help alleviate the loneliness that often accompanies illness and medical treatments. Twin Cities physician and author, Dr. Barry Baines, refers to the book as "nourishing the spirit and providing the relief, comfort, hope and resilience that are required on the journey to healing."

### Other Recommended Jewish Spiritual Resources

#### Guide Me Along The Way: A Jewish Companion for Surgery

Written by Rabbi Simkha Y. Weintraub, LCSW with Rabbi Aaron M. Lever, this 60-page Jewish guidebook features poetry, prayers, folktales, personal narratives, practical advice, and healing activities to help patients, and family members through the surgery experience, from leaving home to the anniversary of an operation.

#### Healing of Soul, Healing of Body: Spiritual Teachers Unfold the Strength and Solace in Psalms

A source of solace for those who are facing illness, as well as those who care for them. These Psalms and the inspiring commentaries that accompany them offer an anchor of spiritual support.

#### Renewal of Spirit (Music CD) by Debbie Friedman

This recording of 13 original songs from her powerful Healing Service brings comfort to individuals and Jewish communities all over the globe. Her music has been described as "At once joyful, uplifting, soul-full, modern, elegantly simple and deeply anchored in Jewish tradition. For many Jews, Debbie Friedman's songs and her music are a central part of their spiritual practice."

#### LifeLights

Published by Jewish Lights Publishing, LifeLights are inspirational, informational 4 ½ x 7 inch booklets about challenges to our emotional and spiritual lives and how to deal with them. Each LifeLight addresses the reader from a uniquely Jewish spiritual perspective.

### Online Jewish Spiritual Resources

#### National Center for Jewish Healing (NCJH) Resources

Some of these spiritual resources stem from the classic corpus of Judaism, others from folkways and still others are currently being developed in Jewish communities world-wide.

#### Jewish Pastoral Counseling Resources

*Valuable spiritual resources for Healthcare Chaplains helping Jewish patients deal with illness and loss*

**To purchase any of these or for more information, contact Judy Marcus, TCJHP Coordinator,  
at 952-542-4840 or [jmarcus@jfcsmpls.org](mailto:jmarcus@jfcsmpls.org)**