

From the Desk of Judy Halper

August, 2016



Dear Friend,

U.S. Rep. John Lewis of Georgia recently said the most powerful non-violent tool at our disposal is the right to vote. JFCS staff member Clare Gravon is helping to ensure a good voter turnout come November. Clare spends her time assisting older adults who qualify for SNAP benefits. To ameliorate food insecurity for older adults, and to make sure they have access to healthy and nutritious food, Clare provides education about all the ways seniors can stretch their monthly budgets in order to eat healthy and stay healthy so they can age well.

As the election approaches, seniors and others who visit Clare at the community locations she goes to, will also receive help with voter registration. Helping people to fulfill their civic duties is helping them to advocate for themselves. Access to fresh, healthy food for everyone is one issue worth voting for! Read further in this newsletter to learn more about voter registration, or, contact the League of Women Voters, Jewish Community Action, or the Office of Secretary of State.

As we begin the transition from summer to fall (I know, I can't believe I'm saying that), make sure you add all the upcoming JFCS activities to your calendar. The annual Mental Health Education Project conference is just around the corner, the Annual "Laugh on their Behalf" Benefit is taking place in November this year, and opportunities for volunteering for Hag Sameach, the Mental Health conference, and in many other ways abounds. There are so many ways to engage with us. We welcome your involvement!

Enjoy your annual pilgrimage to the State Fair, apple picking, and leaf-peeping...I feel much better now that I'm back to talking about summer!

Judy Halper
Chief Executive Officer