

**Therapeutic Touch International Association Invites you to our
9th International Congress October 17th & 18th, 2026**



Therapeutic Touch®: Healing a Chaotic World

The Congress provides an opportunity for participants to question, learn, collaborate, and renew their commitment to practice in the face of ongoing global and personal challenges. Through two days of training and workshops, attendees will be invited to deepen their understanding of Therapeutic Touch theory and practice while contributing to an environment that supports healing, professional growth, connection, and shared inquiry.

Chaos may be defined as a state of total confusion and disorder, or as a system that demonstrates unpredictable and complex behavior. In recent years, our world has increasingly seemed to be moving in that direction. Chaos theory studies complex systems that may appear random, yet are governed by underlying deterministic laws, where even small changes in initial conditions can lead to vastly different outcomes.

Those small changes can make a profound difference when we come together in community. We know that the practice of Therapeutic Touch affects not only our healing partners, but also ourselves. We have long recognized that our practice influences the world around us as well. Through our centered presence and intentional movement through daily life, we can spread calm, compassion, and support.

By opening our Therapeutic Touch practices to the many healing resources offered through our relationships with self, the animal kingdom, and the natural world, we endeavor to create a healing counterpoint within a chaotic world.



Keynote Speaker: Shelagh Butterworth Levey Humanity's Place in Nature

Following Dora's example we draw on nature in order to heal,
but first we ourselves must be rooted in nature.

Sentient beings have the same feelings
and emotions as humans.



**Chery Ann Hoffmeyer, PD, RTTT, QTTT,
Radical Self-Care: A Spiritual Practice**

As spiritual beings in a physical body we are on this earth to evolve. Our evolution is influenced by what we do, think, say, and feel. When we implement radical self-care strategies, we acknowledge that we have a responsibility to care for ourselves.



**Kathy Wilmering
You Are Not Where You Think You Are:
TT, Intention, and Non-Local Consciousness**

Kathy's enthusiasm for research on human transpersonal capabilities helps us translate it into the twin skills of more effective TT sessions and deeper spiritual connection.



**Karen Eastham
Therapeutic Touch and the
Equine Spiritual Connection**

Oscar Estebany's work with horses helped Dee and Dora create Therapeutic Touch. Kathy presents the role of spiritual and intuitive healing for trauma in horses and humans.



**Sandy Wilson
TT and the Natural World**

Participants will explore the spiritual, physical, and mental health benefits of time spent in nature. Energy healing may be experienced anywhere - practicing in nature enhances the benefits.



The 2026 Ninth International Congress on Therapeutic Touch®

October 17th & 18th, 2026

Therapeutic Touch: Healing a Chaotic World

The world in 2026 is a world in chaos. There is much suffering and despair - we seem to be a little off balance. Therapeutic Touch, a holistic healing practice, aims to help restore an offering of peace in these troubled times. Grounded in compassion and intention, the Practitioners seek to restore order and flow... to balance subtle energy. The purpose of this Congress is to explore Therapeutic Touch as a lifeway of egoless service and humility...a beautiful way to help restore balance in the world.

Congress Learner Outcomes

All participants will:

1. describe one strategy that they will use to integrate the knowledge and insight gained into their Lifeway
2. describe one way that they will integrate the knowledge and insight gained about reflective journaling using Carer Notes into their holistic self-development

This activity has been submitted to the American Holistic Nurses Association for approval to award contact hours. The American Holistic Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients

Registration is available on the TTIA Web site

<https://therapeutictouch.org/wp-content/uploads/2026/06/2026-Congress-Registration-Form-final-6-3-26.pdf>

Donations to support the Congress can be made when you register. If you have questions/need more information, contact us at ttia@therapeutictouch.org

Scholarships are available at:

<https://therapeutictouch.org/wp-content/uploads/2026/06/2026-Scholarship-Application.pdf> Complete and submit the application by August 15th, 2026.

We will gather with attention to Earth Health by providing all you need on the TTIA website, thus protecting the earth's resources.



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Healing A Chaotic World
TTIA 9th International Congress
October 17th 2026**

10:30 AM – 3:00 PM

All times in Eastern Daylight Time

Sat. Oct. 17th, 2026	2026 Teachers' Day	Facilitator
10:30 – 10:45 AM	Opening Remarks	Lin Bauer & Ann Little
10:45 – 11:40 AM	2026 Revised TT CARER Note	Lin Bauer & Sue Conlin
11:40 – 11:55 AM	Reflections from Pilot Studies	Debbie Boe, Wendy Levey & Lin Bauer
11:55 AM – 12:10 PM	How to Use HEF/Biofield Drawing Tools	Ann Little
12:10 – 12:30 PM	Dialogue/Q&A	Lin Bauer & Ann Little
12:30 – 1:00 PM	Lunch	
1:00 – 2:00 PM	TT Sessions in Breakout Rooms using new CARER Note	Ann Little
2:00 – 2:45 PM	Dialogue & Q & A	Ann Little & Lin Bauer
2:45 – 3:00 PM	Closing	Marilyn Johnston-Svoboda

3:15 – 5:00 PM

Sat. Oct. 17th, 2026	2026 Congress Program	Facilitator
3:15pm-3:30pm	Welcome, Opening Ceremony & Overview	Madonna Pence Teresa Kessler
3:30pm-4:30pm	Keynote Speaker	Shelagh Levey
4:30pm-4:45pm	Memorial Remembrances	Marjorie Anderson
4:45pm-5pm	Closing & Meditation	Patti Cannistraci/ Teresa Kessler



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10:00 AM – 5:00 PM

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Sun. Oct. 18, 2026	Program	Facilitator
10:00am-10:15am	Welcome Back, Centering, Overview	Madonna Pence/ Teresa Kessler
10:15am-11:15am	Radical Self Care: A Spiritual Practice	Chery Ann Hoffmeyer
11:15am-11:20am	<i>Break</i>	Patti Cannistraci
11:20am-11:30am	Self-Care Micro Boost	Kathy Arquette
11:30am-12:30pm	You Are Not Where You Think You Are: TT, Intention, and Non- Local Consciousness	Kathy Wilmering
12:30pm-1:15pm	<i>Lunch Break</i>	Patti Cannistraci
1:15pm-2:30pm	Therapeutic Touch and the Equine Spiritual Connection for Working with Trauma	Karen Eastham Moderator: Teresa Kessler
2:30pm-2:40pm	<i>Break</i>	Patti Cannistraci
2:40pm-2:45pm	Self-Care Micro Boost	Kathy Arquette
2:45pm-3:45pm	TT Sessions in Breakout Rooms	Sue Conlin
3:45pm-4:45pm	TT and the Natural World	Sandy Wilson
4:45pm-5:00pm	Closing Ceremony	Madonna Pence/ Teresa Kessler