

Call for Energy Medicine Volunteers

for Patient & Staff Programming
at multiple NYU Langone Hospital & Amulatory Locations



NYU Langone Health has been incorporating the use of energy medicine, specifically Reiki and Therapeutic Touch into our bedside care for over forty years. At this time we are seeking certified TT and Level 2 (and higher) Reiki practitioners to volunteer approximately four (4) hours each week to share healing energy with our communities in multiple locations across the Enterprise.

We understand that Reiki and TT are wonderful relaxation techniques that do not require physical manipulation of the body or touch to help restore a person's energy to a state of harmony. Our goal with each treatment is to elicit the relaxation response within the body to promote natural healing.

*Research reflects that Reiki induces relaxation, reduces anxiety, depression, and the perception of pain.

Volunteer Eligibility: You must be certified TT or Level 2 or higher Reiki practitioner with certificate. Must be 18+ years of age. Must be able to arrange for own transportation to volunteer site. Must be interested in working in public high-paced, busy medical atmosphere.

Location sites: Brooklyn, Long Island (Mineola), Manhattan

If eligible and interested, please contact and identify location interest to:

Darah.Salmaggi@nyulangone.org

Noted Research:

- Lipinski, K., & Van De Velde, J. (2020). Reiki, Nursing, and Health Care. *The Nursing clinics of North America*, 55(4), 505–519. <https://doi.org/10.1016/j.cnur.2020.06.018>
- McManus, D. (2017) Reiki Is Better Than Placebo and Has Broad Potential as a Complementary Health Therapy. *Journal of Evidence-Based Complementary & Alternative Medicine*. 22(4):1051-1057. doi:10.1177/2156587217728644
- Zadro, S., & Stapleton, P. (2022). Does Reiki Benefit Mental Health Symptoms Above Placebo?. *Frontiers in psychology*, 13, 897312. <https://doi.org/10.3389/fpsyg.2022.897312>