



FASPS Enrichment Classes Fall 2022

Wednesday, September 7th – Friday, December 16th

Please read class dates and times carefully!

Students in Enrichment classes should be picked up within 15 minutes of the end of their class.

PK class options are on Mondays & Thursdays, indicated in **orange**.

Monday

PK Mindful Movement

Grades: **PK**

Time: 3:45-4:30 (45 minutes)

A preschool mindful movement class inspired by the fun, imaginative, and intelligent minds of children. This class is based on the most recent research on the benefits of mindfulness in children and infused with music, breathing, books, sensory exploration, and FUN! Our class is an equal balance between active and passive poses and incorporate song, dance, and time for sharing, reflection, and relaxation.

11 class sessions: First class September 12, last class December 12. ****No class October 17, October 24, November 21****

Cost: \$317.00

Led by Kara-Lee (Space Between)

Beat Making

Grades: K-1

Time: 3:30-4:30

Beat Making for Kids is a great way for children to have an introduction to songwriting. Playing with a DAW (Digital Audio Workstation) gives kids a "birds-eye-view" of the songwriting process to help them see what makes a song. Kids dive deep into learning rhythmic structure by using gridded pattern sequencers and moving colorful blocks of sound around to craft their own musical masterpiece! Together with guided "dance parties," this class promotes fun and active musical learning with piano keyboards, buttons, and knobs - great for finger dexterity.

11 class sessions: First class September 12, last class December 12. ****No class October 17, October 24, November 21****

Cost: \$355.00

Led by Jade Jiaxue (Afterschool Audio)

Dramaroos

Grades: K-2

Time: 3:30-4:30

Seattle Dramaroo classes teach children the fundamentals of leadership and how to express themselves freely. During drama class, each student will be able to explore the patterns of group dynamics and be introduced to new social skills through engaging with other children in a creative manner. Our classes include drama games, exercises, and activities that create an enjoyable environment while also encouraging inventive thinking.

11 class sessions: First class September 12, last class December 12. ****No class October 17, October 24, November 21****

Cost: \$329.00

Led by Seattleroos (Instructor TBD)

Capoeira

Grades: 2-5

Time: 3:30-4:30

A Brazilian martial arts class that combines elements of dance, acrobatics, and music. Each class is based on 3 principles of learning skills, Focus, Discipline, and Respect.

11 class sessions: First class September 12, last class December 12. ****No class October 17, October 24, November 21****

Cost: \$317.00

Led by Emily Chao (Washington Capoeira Center)

Bricolage (DIY Construction)

Grades: 3-5

Time: 3:30-4:30

Learn the tools of the trade with Damien in the DIY/Bricolage! Build, drill, screw, fix, saw, measure... Hammer, nails, tools, screwdriver... DIY/Bricolage is there to teach you how to create things! Students will learn about tool safety and enjoy a fun environment to build things with friends.

12 class sessions: First class September 7, last class December 14. ****No class October 19, November 2, November 23****

Cost: \$275

Led by Damien Majorczyk (FASPS Faculty)

Board Games with Blandine

Grades: 3-5

Time: 3:30-4:30

New! Stop scrolling here and sign up your child for this fun board games class! This is a great opportunity to practice French, build skills and make new friends! Blandine's selection of exciting and educational games involve strategy, imagination, logic, and agility!

11 class sessions: First class September 8, last class December 15. ****No class October 20, November 24****

Cost: \$275

Led in French by Blandine Veyret (FASPS Faculty).

Tuesday

Little Coders

Grades: K-2

Time: 3:30-4:30

Our Little Coders class is an opportunity for young children to develop their computational thinking skills, build their first programs, and have fun with new friends! The curriculum is designed specifically for early readers and takes into account cognitive abilities as well as the attention span typical for ages 5-7. We use age-appropriate online tools, including Lightbot, Kodable, and Scratch to introduce basic coding skills. After the class, students will be able to share their projects with family and friends and continue programming at home with their Coding with Kids Scratch account.

11 class sessions: First class September 13, last class December 13. ****No class October 18, November 1, November 22****

Cost: \$317.00

Led by Coding with Kids (Instructor TBD)

Creative Dance

Grades: K-3

Time: 3:30-4:30

New! Join Tiffany Bierly from the Creative Dance Center for a dance class that supports joyful self-expression! Students explore the patterns of the BrainDance, dance concepts such as Energy, Rhythm, and Pathways, and practice movement skills. Rolling, swinging, leaping, jumping, turning – creative dance builds a foundation for body awareness, coordination, and motor development! Social-emotional skills are strengthened as dancers collaborate to create dances using the building blocks of choreographic forms. Students take an active role in their own learning to become skilled dancers and choreographers in this class that celebrates personal uniqueness.

11 class sessions: First class September 13, last class December 13. ****No class October 18, November 1,**

November 22**

Cost: \$284.00

Led by Tiffany Bierly (Creative Dance Center)

Arts & Crafts Party

Grades: K-5

Time: 3:30-4:30

We will celebrate creativity this session with more supplies and less structure (think process art)! Join us each week to create a complete project with trendy techniques in a social setting. This session we will make axolotl shrinky dinks, painted ceramics, a mixed media canvas project and so much more.

11 class sessions: First class September 13, last class December 13. ****No class October 18, November 1,**

November 22**

Cost: \$342.00

Led by Elizabeth Chapman (Trendy Crafts)

Music Production

Grades: 2-5

Time: 3:30-4:30

Have you ever wanted to make your own music like the professionals? In this exciting hands-on class, students will dive into music-making the fun way! Using state-of-the-art music production equipment and a digital audio workstation on the computer, students will learn the ins and outs of music recording & production with their own private in-school digital music studios. Through creating their very own musical masterpiece, students learn basic music theory, simple chord structures, and rhythmic patterns. They can record real instruments or have thousands of software instruments and audio samples available in just a few clicks. By the end of each term, students will bring home soundtracks that they made from scratch or DJ remixes built on existing samples!

11 class sessions: First class September 13, last class December 13. ****No class October 18, November 1,**

November 22**

Cost: \$355.00

Led by Jade Jiaxue (Afterschool Audio)

Mindful Movement

Grades: 3-5

Time: 3:30-4:30

Mindful movement is based on Yoga, Tai Chi, Qi gong, and dance. Through present moment awareness, we will explore ways to build healthy friendships, have courageous conversations, and learn important

boundary-setting skills. Woven throughout each class will be fun improv games and time to slow down and just BE.

11 class sessions: First class September 13, last class December 13. ****No class October 18, November 1, November 22****

Cost: \$317.00

Led by Kara-Lee (Space Between)

Wednesday

Finding Your Own Rhythm

Grades: K-1

Time: 3:30-4:30

Focus on dance exploration, creative movement, choreography, and most importantly, disco ball enhanced dance parties!

12 class sessions: First class September 7, last class December 14. ****No class October 19, November 2, November 23****

Cost: \$414.00

Led by Brian Vogan (Dani and the Bee)

Chess Club

Grades: 1-5

Time: 3:30-4:30

Join the Chess Club and learn new tactics and strategies from the Chess Master! Improve your problem-solving skills, train your memory and plan ahead. Learn chess strategy, solve chess puzzles, play competitive and just-for-fun games. Workbooks and other teaching materials are provided, just come ready to learn!

12 class sessions: First class September 7, last class December 14. ****No class October 19, November 2, November 23****

Cost: \$281.00

Led by Orlov Chess Academy (Instructor TBD)

Scene Study: Star Wars

Grades: 3-5

Time: 3:30-4:30

Do, or do not, there is no try. Youth Theatre Northwest melds the basics of theatre with the adventure and wonder of the Star Wars franchise. So, may the Force be with us as we create our own out-of-this-

world scenes inspired by the Star Wars universe. Students will study acting, movement, and character development as we journey together in a galaxy far, far away.

12 class sessions: First class September 7, last class December 14. ****No class October 19, November 2, November 23****

Cost: \$323.00

Led by Youth Theatre Northwest (Instructor TBD)

Debate Club

Grades: 4-5

Time: 3:30-4:30

An all-in-one kids' debate program designed to teach kids how to look at, listen to, and talk about both sides of any issue. Plus, students may have a chance to participate in a debate tournament!

12 class sessions: First class September 7, last class December 14. ****No class October 19, November 2, November 23****

Cost: \$345.00, with possible tournament fee of \$35.00 (to be confirmed)

Led by Dominique Grandmougin (DebateAble/ FASPS Faculty)

Tricot (Knitting)

Grades: 4-5

Time: 3:30-4:30

Get started on your knitting adventure! Students will learn the basics of knitting from casting on stitches, the classic knit-purl to garter stitches and Jersey knits.

12 class sessions: First class September 12, last class December 12. ****No class October 17, October 24, November 21****

Cost: \$300.00

Led in French by Julia Pass Lochave (FASPS faculty)

Thursday

PK Finding Your Own Rhythm

Grades: **PK**

Time: 3:45-4:30 (45 minutes)

Focus on dance exploration, creative movement, choreography, and most importantly, disco ball enhanced dance parties!

13 class sessions: First class September 8, last class December 15. ****No class October 20, November 24****

Cost: \$449.00

Led by Brian Vogan (Dani and the Bee).

Soccerroos

Grades: K-2

Time: 3:30-4:30

Seattle Socceroo classes are designed to encourage critical thinking while improving gross motor skills through the game of soccer. Our students will learn basic soccer skills and explore the patterns of an active fun lifestyle. As a little Socceroo, each student will learn the benefits of healthy competition and improve cognitive decision-making skills to continuously prepare for a successful future.

13 class sessions: First class September 8, last class December 15. ****No class October 20, November 24****

Cost: \$406.00

Led by Seattleroos (Instructor TBD)

Little Chefs

Grades: K-5

Time: 3:30-5:00 (1.5 hours)

Come join Ms. D in the kitchen as we make dumplings from around the world. Both sweet and savory will be made and tried as we discuss the many cuisines in other cultures. Students will also learn basic kitchen safety, knife skills and a sense of confidence when preparing foods. Ingredients are purchased locally, natural, and organic where I can. Allergies and dietary restrictions are accommodated within reason. No promises made, but I hope they make it home for sharing.

Due to its popularity, please refrain from signing up for this class if your student has taken Little Chefs in the last three trimesters.

13 class sessions: First class September 8, last class December 15. ****No class October 20, November 24****

Cost: \$598.00

Led by Davicia Van de Venter (Studio 2 You)

Our Colorful World- Arts & Crafts

Grades: 2-5

Time: 3:30-4:30

Join us as we adventure around the world and explore a variety of artists and cultures this fall. Discover the art of dot painting while designing your own Aboriginal Art. Learn how to replicate an Indonesian

batik design using paper and paint. Create a paper mosaic inspired by Spanish artist, Gaudi. The adventure is just beginning, we hope you can join us to create, learn and discover in this new afterschool art session.

13 class sessions: First class September 8, last class December 15. ****No class October 20, November 24****

Cost: \$359.00

Led by Smart with Art (Instructor TBD)

LEGO STEM Explorations

Grades: 2-5

Time: 3:30-4:45 (1.25 hours)

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects.

Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas.

13 class sessions: First class September 8, last class December 15. ****No class October 20, November 24****

Cost: \$305.00

Led by Play-Well TEKnologies (Instructor TBD)

Danse-Théâtre

Grades: 3-5

Time: 3:30-4:30

Join Emilie and Dominique for an engaging and creative experience for the mind and body. Students will combine dance, movement, and drama through games, exercises and honing their performance skills.

13 class sessions: First class September 8, last class December 15. ****No class October 20, November 24****

Cost: \$325.00

Led in French by Emilie Sonrel & Dominique Grandmougin (FASPS Faculty)

Friday

Multicultural Fired Arts

Grades: K-2

Time: 3:30-4:30

In this master artist focused clay class, we will study the works of famous pieces and different clay types from around the world while make our own pottery in our unique styles. Students will use a variety of

traditional tools, glazes, and techniques to complete their work. Students will make the pottery pieces one week and glaze the following to ensure their pieces are fired correctly.

13 class sessions: First class September 9, last class December 16. ****No class October 21, November 25****

Cost: \$449.00

Led by Davicia Van de Venter (Studio 2 You)

Karate-X

Grades: K-5

Time: 3:30-4:30

Join Karate-X for awesome classes that are disciplined, challenging and fun! Students will learn and practice Karate skills with punching bags, breaking boards, blocking drills, kicking targets and more! Our professional instructors know how to motivate kids while building self-confidence and discipline. Belt rank testing is held at the end of each session, giving students goals to aim for and recognition of their accomplishments. Thousands of kids have enjoyed Karate-X classes, and yours will love it too! Sign up now, our classes fill quickly!

13 class sessions: First class September 9, last class December 16. ****No class October 21, November 25****

Cost: \$305.00 and \$45.00 belt-test fee (all students); \$65.00 uniform fee for NEW students only)

Led by Brendon Requa (Karate-X)

Cartooning with Julie

Grades: 3-5

Time: 3:30-4:30

Let's draw! Learn different cartooning styles from Manga to Looney Tunes and Disney. Explore with multi-media, copy the classics, and invent your own characters and stories! We will look at late 18th century Japanese art, modern day graphic novels, and we will examine how cartooning has evolved over the last century.

13 class sessions: First class September 9, last class December 16. ****No class October 21, November 25****

Cost: \$325.00

Led by Julie Archer (FASPS faculty)