

FREE YOGA THERAPY SESSIONS



SUBSTANCE ABUSE & ADDICTIONS

Surya Chandra Healing Yoga School, as part of our Specialty Certificates for Continuing Education of Yoga Therapists, offers Free Yoga Therapy Sessions during our monthly Yoga Therapy Clinics. This particular month, the focus is on yoga therapy for those looking for healing from substance abuse & addictions. A Yoga Therapist in training will work with a client while faculty are available to observe/assist and other students in the training program observe. These sessions may be offered via zoom or in-person. The in-person Clinic will be held at the address below if the situation with covid allows. Otherwise, we plan to hold sessions via zoom, and are prepared to do a combination of zoom and in-person sessions. For zoom sessions, the client and the Yoga Therapist will have mics and webcams on, while others have theirs turned off. These yoga therapists are looking to enhance their practice as a yoga therapist with additional training in this specialty area. They have already taken hours of online training in preparation for this Clinic.

April 9-11, 2021

Friday: 12:30 - 1:30 pm or 2:00 - 3:00 p.m.

Saturday: 9:30 - 10:30am, 11a-12pm, 1-2pm, or 2:30-3:30pm

Sunday: 9:30 - 10:30am, 11a-12pm, 1-2pm, or 2:30-3:30pm

To register for one of these session please contact: jj@schys.yoga

Visit www.SCHYS.yoga to learn more about our

