



Join us on



FEBRUARY



SUN	MON	TUE	WED	THU	FRI	SAT
	1 Ewunike Akpan Cardio	2	3 Aaron Copeland Workforce for Women	4	5 Kisha Hicks Self Care for Women	6
7	8 Tessa Crockett Yoga Y'all	9	10 Irene Aninye Workplace Health & Wellness	11	12 Sovel Cunningham Poetry from the Heart	13
14	15 Blake Bussie Zumba	16	17 Vicki Dettinger Internships & Careers	18	19 Linda Katz Communication	20
21	22 Cheron Reed Nutrition	23	24 Sheela Murthy	25	26 Harpreet Kaur The Heart of a Couple	27
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For more information and tickets to the Forum visit
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