



Suicide Prevention, Risk Factors, and Protective Factors Awareness

Registration Link: https://us06web.zoom.us/meeting/register/tZMlduiugzsvG9XECIYhKm2Y2mbiVke_W0HV



Target Audience

✓ Open to all!



Capacity

✓ 100

Date

✓ 9/23/2021



Time

✓ 1:00-3:00PM

According to the Center for Disease Control (CDC) suicide is the 10th leading cause of death in the United States. This makes suicide a large and growing public health problem. Suicide rates vary by race/ethnicity, age, gender, and other population characteristics with some groups having higher rates of suicide than others.

In this course will look at how suicide has impacted historically underserved population such as African Americans, Hispanic/Latinx, Native Americans and the LGBTQ community. We will discuss how risk factors and protective factors influence suicidal behaviors in each of these communities as well the barriers these groups experience in facing mental health challenges. We will also explore strategies for decreasing risk factors and increasing the protective factors within each of these groups.

Uplift Family Services' Inland Region partners with Pacific Clinics' Training Institute to offer this and other great trainings to Uplift Family Services' staff and its community partners. Trainings made possible through funding by SAMHSA.



PRESENTER

ROSE LOPEZ, PHD, DIRECTOR OF WELLNESS &
RECOVERY TRAININGS

PACIFIC CLINICS

DR. ROSE LOPEZ OBTAINED HER DOCTORATE DEGREE IN COMMUNITY CLINICAL PSYCHOLOGY WITH AN EMPHASIS ON MULTICULTURAL PSYCHOLOGY FROM THE CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY. SHE HAS WORKED AT PACIFIC CLINICS AS A TRAINER FOR OVER 20 YEARS. SHE IS A CERTIFIED TRAINER FOR WRAP, MENTAL HEALTH FIRST AID, QPR, VETERANS MENTAL HEALTH AND INTEGRATED BEHAVIORAL HEALTHCARE FROM THE MASSACHUSETTS SCHOOL OF MEDICINE. SHE IS THE LEAD TRAINER FOR PACIFIC CLIENTS TRAINING INSTITUTE OFFERING TRAININGS IN ADULT HEALTH NAVIGATION, FAMILY HEALTH NAVIGATION, TAY MENTAL HEALTH CERTIFICATION, PEER PARTNER CERTIFICATION AS WELL AS PROVIDING TRAINING TO OUTSIDE AGENCIES AND THE VETERANS ADMINISTRATION. SHE IS PART OF THE PACIFIC CLINICS LEADS GROUP FACILITATING THE TRAINING SUB-COMMITTEE. IN ADDITION, SHE HAS SERVED AS THE STAFF FACILITATOR FOR THE PACIFIC CLINICS ANTI-STIGMA GROUP HELPING CLIENTS LEARN PUBLIC SPEAKING SKILLS AND DOING COMMUNITY PRESENTATIONS TO DISPEL THE MYTHS OF MENTAL ILLNESS. AS A PERSON WITH LIVED EXPERIENCE OF MENTAL ILLNESS DR. LOPEZ IS COMMITTED TO IMPROVING THE SKILLS OF STAFF HEALTH OF CONSUMERS THROUGH TRAININGS AND RAISING AWARENESS BY SPEAKING OUT ON THE STIGMA SURROUNDING MENTAL ILLNESS.