

Utilize Telemedicine Resources to Access Care

Have you spoken with a doctor virtually about health concerns when you are not feeling well?

As Chief Medical Officer for HMAA, I want to ensure you have access to care and telemedicine resources, such as our free HiDoc service for HMAA members, to speak with a doctor 24/7 from the safety of your home. Be mindful about when to seek help, especially for kupuna and keiki, and follow guidelines from the CDC and other government agencies to prevent the spread of COVID-19.



Your health and safety is HMAA's top priority. Mahalo for protecting yourself and others.



John E. Aoki, M.D., CHCQM, FABQAURP
Chief Medical Officer

Brought to you by HMAA and BIA-Hawaii, building a foundation for your health. To learn more about the BIA-Hawaii Association Health Plan, contact HMAA at (808) 791-7616 or sales@hmaa.com.