

MEET YOUR GEN.ED. COUNSELOR

MRS. MATHEW

ABOUT ME

This is my first year as a School Counselor, but I spent last year as a school counselor intern in a local school district. I also have 15 years of experience working with children, adolescents and their families as a Licensed Professional Counselor.

I enjoy spending time with my husband, my three year old, and our three dogs. I love reading, traveling, thrifting, and iced coffee runs.

I'm looking forward to being a part of the Aristoi family! This is going to be a great year!

GET IN TOUCH

mmathew@aristoiclassical.org
(281) 391-5003 x 26090

MY FAVORITES

FOOD	SEASON	COLOR	PLACE
Dessert	Fall	Turquoise	Home

WHAT IS A SCHOOL COUNSELOR?

A school counselor's job is to help you. I am here to support with any troubles or questions you might have this year.

Here are <u>some</u> things that I can help with:

- Friends
- Family
- School
- Stress
- Difficult Emotions
- Social Skills
- Much More!