



MASTER THE WAVES

US Masters Stroke Clinic PAULA G. MANSHIP YMCA

Do you want to improve and refine your strokes, get faster, and learn new drills? US Masters Stroke Clinic is for you! This clinic is taught by a certified US Masters swimming coach and will cover all four swimming strokes.

- Saturday October 10, 2020, 12pm –4pm
- Sunday, October 25, 2020, 8am to 12pm
- Only 12 spots available for each date

PRICE: \$25 for members, \$40 for non-members

LOCATION: PAULA G. MANSHIP YMCA
8100 YMCA Plaza Dr.
Baton Rouge, LA 70810
(225) 767-9622 or skelley@ymcabr.org
www.ymcabr.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

US Masters Stroke Clinic Registration Form

PARTICIPANT INFORMATION:

Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

E-mail: _____

Emergency Contact: _____

Cell Phone: _____ E-Mail: _____

US Masters Member Number (if applicable): _____

The YMCA of the Capital Area does not provide accident or medical insurance for program participants. I recognize that participation in YMCA sponsored activities may expose myself to risk of injury. I agree to hold the YMCA harmless from any claims, which may occur through participation in any activity at the YMCA or in its programs. In cases of emergency or accident to myself and I am unable to respond, I hereby grant the YMCA director or his/her agent to secure proper medical treatment and transportation for myself to an appropriate facility for treatment. As a YMCA participant, I authorize the YMCA to use any images taken of myself for promotional purposes of the YMCA.

All payments must be paid in full prior to the registration deadline. In the event the clinic is cancelled due to inclement weather, at the discretion of the facility, every effort will be made to make-up the clinic. If the clinic cannot be made-up, a refund will be granted. In the event the clinic is missed by the participant, including make-ups, the clinic will be considered forfeited by the participant and ineligible for a refund.

Coronavirus, COVID-19, is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in YMCA of the Capital Area programs or accessing YMCA of the Capital Area facilities could increase the risk of contracting COVID-19. YMCA of the Capital Area in no way warrants that COVID-19 infection will not occur through participation in YMCA of the Capital Area programs or accessing YMCA of the Capital Area facilities

I have read and understand the above information and therefore grant myself permission to participate in this YMCA Program in accordance with the conditions set forth above.

Signature of Participant _____ **Date:** _____

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