

# HELP US LEARN MORE ABOUT HIGH BLOOD PRESSURE AND BRAIN HEALTH.



Scientists at Pennington Biomedical are working to better understand the potential links between high blood pressure and the risk for developing dementia.

The **risk reduction for Alzheimer's Disease (rrAD)** research study will assess whether exercise, blood pressure medications, or the combination of both could help reduce the future risk of developing dementia in people who do not have a diagnosis of Alzheimer's disease or dementia.

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To qualify for rrAD research study, participants should:

- Be between the ages of 60-85 years old
- Have concerns about memory loss or have an immediate relative with a diagnosis of dementia
- Have high blood pressure or be on medication for high blood pressure
- Have a primary care physician

Participants can earn up to \$750 for study completion.



TO PARTICIPATE:

Call **225-763-2973**  
Email **dementia@pbrc.edu**  
Visit **www.pbrc.edu/rrAD**