



**MYELOMA
CANADA**
MAKING MYELOMA MATTER

2019 NATIONAL CONFERENCE FOR PATIENTS AND CAREGIVERS

Radisson Admiral Hotel Toronto – Harbourfront
249 Queen's Quay West, Toronto, ON M5J 2N5

AGENDA

Saturday, April 27
Admiral Ballroom

TIME	TOPIC	SPEAKER
7:30 – 8:30 am	Registration & Breakfast	
8:30 – 8:35 am	Welcome & Opening Remarks	David McMullen & Aldo Del Col
8:35 – 9:35 am	Myeloma 101: Everything You Need to Know	Dr Christine Chen
9:35 – 10:20 am	Treatment of Newly Diagnosed Myeloma	Dr Martha Louzada
10:20 – 10:45 am	Break	
10:45 – 11:30 am	Treatment of Relapsed/Refractory Myeloma	Dr Donna Reece
11:30 – 12:30 pm	Ask the Experts: Q&A Panel Discussion Panelists: Dr Christine Chen, Dr Martha Louzada, Dr Donna Reece	Moderated by Martine Elias
12:30 – 1:30 pm	Lunch & Presentation: Myeloma Canada Patient Advisory Council	Lorelei Dalrymple
1:30 – 2:30 pm	Breakout Sessions	
<i>Admiral Ballroom</i>	Debunking Myths and Strategies for Healthy Eating	Astrid Quenneville
<i>Rain Dance Room</i>	Newly Diagnosed: What to Expect	Dr Hira Mian
<i>Rainbow Room</i>	Being a Caregiver: Facing and Overcoming Challenges	To be announced
<i>Windsong Room</i>	Amyloidosis	To be announced
2:30 – 3:00 pm	Break: Proceed to <i>Admiral Ballroom</i>	
3:00 – 3:15 pm	Myeloma Monitor: More Than Just a Daily Tracker	Gabriele Colasurdo
3:15 – 4:00 pm	Risk of Thrombosis in Myeloma	Dr Martha Louzada
4:00 – 4:45 pm	Cannabinoids and Myeloma: Management of Symptoms and Safety	Dr Michael Verbora
4:45 – 5:15 pm	Question Period: Thrombosis and Marijuana	Moderated by Martine Elias
5:15 pm	Concluding Remarks & Adjournment of Day 1	David McMullen
7:30 – 10:00 pm	Evening Reception and Presentation of the TEAM Award	Radisson Admiral Hotel



**MYELOMA
CANADA**
MAKING MYELOMA MATTER

2019 NATIONAL CONFERENCE FOR PATIENTS AND CAREGIVERS

Radisson Admiral Hotel Toronto – Harbourfront
249 Queen's Quay West, Toronto, ON M5J 2N5

Sunday, April 28
Admiral Ballroom

TIME	TOPIC	SPEAKER
7:00 – 8:00 am	Breakfast	
8:00 – 8:05 am	Introductory Remarks for Day 2	David McMullen
8:05 – 9:00 am	New & Emerging Therapies for Myeloma	Dr Annette Hay
9:00 – 9:45 am	Q&A Panel Discussion: Clinical Trials as a Treatment Option Panelists: Dr Annette Hay, Dr Paola Neri	Moderated by Martine Elias
9:45 – 10:15 am	Break	
10:15 – 11:00 am	Breakout Sessions	
<i>Admiral Ballroom</i>	My Journey with Myeloma	Aldo Del Col
<i>Rain Dance Room</i>	Financial Options for People with Myeloma – Government and workplace income replacement programs – Returning to work after treatment – Drug coverage and community/government resources	Ilene Shiller, Wellspring
<i>Rainbow Room</i>	Relapse: What to Expect	To be announced
<i>Windsong Room</i>	Inside the Myeloma Cell: How Science Leads to Treatment Strategies	Dr Paola Neri
11:00 – 11:15 pm	Break: Proceed to <i>Admiral Ballroom</i>	
11:15 – 12:15 pm	Management of Side Effects and Supportive Care	Suzanne Rowland
12:15 – 12:30 pm	MCRN Canadian Multiple Myeloma Database	To be announced
12:30 – 1:00 pm	About Myeloma Canada	Michelle Oana
1:00 pm	Conclusion of Plenary Session	David McMullen & Aldo Del Col
1:00 – 2:00 pm	Lunch & Breakout Sessions	Martine Elias
<i>Rain Dance Room</i>	Young Myeloma Patient & Caregiver Meetup	To be announced
<i>Rainbow Room</i>	Starting a Support Group in Your Area	Michelle Oana
<i>Windsong Room</i>	Volunteering for Myeloma Canada	Martine Elias
2:00 – 3:00 pm <i>Admiral Ballroom</i>	Exercise Strategies & Techniques for Well-being & Managing Pain	Oren Cheifetz
3:00 pm	Evaluations and Conclusion	Martine Elias