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TIPS To Do School at Home Like a Pro

There are real benefits to doing schoolwork remotely, but there are also big challenges to overcome.

Here are some top tips from the student support team at LC to make your school-from-home experience as productive and successful as it can be.

1



Keep calm and check your email

It is important to check your email at least once a day, if not more. If you have not received emails from your teachers, please email them and ask them to send you any make-up work you need to catch up on any points you were missing.



2



Plan your time

Some of us have a lot of distractions at home with younger kids, tv, video games, and all the things. If you set a schedule, you are far more likely to be more productive. Go to sleep and wake up at a decent time, and set times for work and meals.

When your focus ability goes down, go outside to get some fresh air if you can, or stand up and stretch.

Plan to do your work in increments of 15 - 30 minutes depending on your focus level.



I try to wear clothes that I go to work with to feel like I'm at work and not at home!

MASOUD MIRZAEI
Javascript Developer

3



Get dressed for school

It's tempting to stay in your PJs, but getting dressed in a school outfit will make you feel like you're at school and not at home, so you are more determined to get your work done.

4



Don't work from your bed

Bringing work into bed can mess with your sleep and hurt productivity. If you have the ability, take your work out of the bedroom and into a separate, organized work space. If you need to do work in your room, try to make your bed and keep your space organized.



Before I begin work I always write down all tasks I need to do that day. It helps me stay focused.

GOSIA KIESZKOWSKA
Content Marketer

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Have a to-do list

Before you begin your work, write down all the tasks you need to do for the day. This helps you stay organized and focused on what needs to be accomplished. You will be more likely to do the things you are supposed to if you have a list of what needs to be done.

6



Set boundaries with people in your space

During this time, almost all of us have family members who are home while we are working. It is important to express, in a kind and productive way, what you need in order to be able to get your work done. If you need help setting boundaries with family in regards to completing your work, reach out to your school counselor.



7



Be virtually connected

It's hard to not be able to see your friends or have social interaction at school. Stay e-connected using tools like Teams and Zoom to chat with classmates. Ask questions about your work! Stay in contact with friends and family if you are able to. If you are feeling down, talk to a trusted adult, or reach out to your school counselor.



8



Recharge your battery

Listen to your body. When you notice that you are having a hard time concentrating or you are getting frustrated, take a quick break, go take some deep breaths, and maybe grab a healthy snack. You'll come back energized for a new task. It may be a good idea for you to schedule your breaks.

I schedule tasks throughout the day, with breaks in between.

SARAH KIM
Account Executive



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Cut yourself some slack

Learning from home can be a big transition and you might feel like you're not getting enough done at first. Don't worry; you'll get the hang of things soon. Go easy on yourself. If you need help with your work, reach out to your teachers. They want to help you succeed!



Have the confidence to know that you will get through this tough first stage and find success sooner than you think.

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