



Seniors Volunteer Opportunity

Abbott School Books and Board Games Program

Abbott School (12045-34 St) serves elementary school children in Edmonton's northeast.

Many of the Abbott students have experienced significant and toxic stress which has a negative impact on growth and development. Our program, supported by SAGE, helps improve the "Executive Functions" of the young brain and provides opportunities to learn to be flexible; to use working memory; to plan and organize and to stop and think before acting. Senior volunteers both encourage and model these behaviours with in class support from the school social worker.

Volunteer Commitment:

- Wednesday afternoons from 12:45 to 3:00 p.m. during the school year
- While an on-going commitment is appreciated, a "drop-in when you can" model is also offered

Qualifications:

- Desire to work with children
- Ability to get to and from the school

Benefits:

- Opportunity to work with young children who really enjoy the program
- Experiencing the joy of really making a difference in young lives
- Training opportunities to learn new skills
- Opportunity to socialize with a great group of volunteers
- Coffee and treats

For more information or an opportunity to visit the program

contact Ron Nichol, 780 465-2368, ronnichol@shaw.ca