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| Beverages (regular and sugar free welcomed)   * Apple Juice * Orange Juice * Milk (the kind that doesn’t need to be refrigerated)   Canned Goods (easy open tops/low sodium and vegetarian items welcomed)   * Fruit * Bumble Bee With Crackers Tuna SaladSoups * Chili Beans * Ravioli * Tuna   Microwaveable Items   * Cup of Noodles * Cup of Rice * Cup of Oatmeal   Image result for microwavable foodhttp://t0.gstatic.com/images?q=tbn%3AANd9GcR18tfu1z_RLoaGHDmhKDI_Yjb_EdentML6y3LtmGZSxu6ZS2IWUGf737BMzA&usqp=CAcUncle Ben's Ready Rice Ultimate Variety Bundle, 11 Popular Flavors, Microwave ReadyTo Serve in 90 Seconds, 8.8 ounce |
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