



Silent Retreat
Marie Joseph Spiritual Center
May 15 to 17 or 18
Starting Sunday at 5:00 pm
and ending Tuesday or Wednesday at 1:00 pm

Facilitated by Jack Seery

Silence is the way into a deeper oneness with yourself and that which is the Source of all that is. It is the path to a refreshment of soul as you experience the Presence in the inner depth of oneself and the beauty of nature that surrounds you. This has been a transformative experience for many of us. **Is it time for you to go deeper into the Mystery?**

Silent Retreat option:

Option #1 –Sunday 5:00pm until Tuesday at lunch.

Half payment of \$245 due April 1 & Full payment of \$290 due May 1st

Option #2 – extends the above until Wednesday at lunch. Half payment of \$205 due April 1. Full payment of \$410 due 1st

As a participant, you will have a private room and all meals provided. (Special dietary needs additional cost). Each person creates his or her own schedule for the day. During this time, Jack is available for guidance and support as needed. A communal silent meditation will be available and is optional.

The next step is to register... email Jack at jseery53@gmail.com or call the office at 207-893-1233 and leave a message. Make check out to Unity Center for Spiritual Growth and mail it to Unity or pay by credit card (contact Jan at unityprosperity101@gmail.com. for credit card instructions) Address: Unity Center for Spiritual Growth, 54 River Road, Windham Me 04062

Need help making a decision...think about this!

Two days in prayerful silence.

On the ocean at Marie Joseph Spiritual Center at Biddeford Pool

Opportunity for Spiritual Direction

What others have to say:

Rev Pat Bessey - I gifted myself time in the silence and the payback was exponential to my growth.

Pam Mills - The 1st evening is about settling down and settling in. The next day is going deep...walking the beach, meditation/contemplative prayer. 2nd day is exploring the mystery of joy/love. I really can't explain how connected I feel with each person in our group, but the shared experience of just "being" is a big part of it.

Jack's Bio: Having been a Jesuit priest for 25 years, I bring a wealth of experience to this process. Over the years, I have guided many people during eight and thirty-day silent retreats. The participants in these retreats were men and women, lay and Religious, and from various spiritual traditions. I have a deep conviction that there are many paths into the Sacred Mystery.

An opportunity to give a love offering will be made available at the conclusion of the retreat