

ROWAN



L I S A R I C H A R D S O N
B E L L E

ROWEB-04023-ENP-BELLE

**SIZE**

To fit bust

81-86	91-97	102-107	112-117	122-127	cm
32-34	36-38	40-42	44-46	48-50	in

YARN**Kidsilk Haze Colour**

2 3 3 3 x 50gm

(photographed in Ocean 001, Bottle 004, Wine 005 and Rose 006)

NEEDLES1 pair 2 $\frac{3}{4}$ mm (no 12) (US 2) needles1 pair 3 $\frac{1}{4}$ mm (no 10) (US 3) needles**BUTTONS** - 8 x 1.2 cm buttons.**TENSION**25 sts and 34 rows to 10 cm measured over st st using 3 $\frac{1}{4}$ mm (US 3) needles.**BACK**Using 2 $\frac{3}{4}$ mm (US 2) needles cast on 111 [123: 137: 153: 171] sts.**Row 1 (RS):** K1, *P1, K1, rep from * to end.**Row 2:** As row 1.

These 2 rows form moss st.

Work in moss st for a further 4 rows, ending with RS facing for next row.

Change to 3 $\frac{1}{4}$ mm (US 3) needles.

Beg with a K row, work in st st, shaping side seams by dec 1 st at each end of 5th and 4 foll 8th rows.

101 [113: 127: 143: 161] sts.

Work 13 rows, ending with RS facing for next row.

Inc 1 st at each end of next and 4 foll 12th rows.

111 [123: 137: 153: 171] sts.

Cont straight until back meas 35 [36: 37: 38: 39] cm, ending with RS facing for next row.

Shape armholes

Cast off 5 [6: 7: 8: 9] sts at beg of next 2 rows.

101 [111: 123: 137: 153] sts.

Dec 1 st at each end of next 5 [7: 7: 9: 11] rows, then on foll 4 [5: 7: 8: 10] alt rows.

83 [87: 95: 103: 111] sts.

Cont straight until armhole meas 19 [20: 21: 22: 23] cm, ending with RS facing for next row.

Shape shoulders and back neck**Next row (RS):** Cast off 7 [7: 8: 10: 11] sts, K until there are 16 [18: 20: 22: 24] sts on right needle and turn, leaving rem sts on a holder.

Work each side of neck separately.

Dec 1 st at neck edge of next 3 rows **and at same time** cast off 7 [7: 8: 10: 11] sts at beg of 2nd row.

Cast off rem 6 [8: 9: 9: 10] sts.

With RS facing, rejoin yarn to rem sts, cast off centre 37 [37: 39: 39: 41] sts, K to end.

Complete to match first side, reversing shapings.

LEFT FRONTUsing 2 $\frac{3}{4}$ mm (US 2) needles cast on 54 [60: 67: 75: 84] sts.**Row 1 (RS):** *K1, P1, rep from * to last 0 [0: 1: 1: 0] st, K0 [0: 1: 1: 0].**Row 2:** K0 [0: 1: 1: 0], *P1, K1, rep from * to end.

These 2 rows form moss st.

Work in moss st for a further 4 rows, ending with RS facing for next row.

Change to 3 $\frac{1}{4}$ mm (US 3) needles.

Beg with a K row, work in st st, shaping side seams by dec 1 st at beg of 5th and 4 foll 8th rows.

49 [55: 62: 70: 79] sts.

Work 13 rows, ending with RS facing for next row.

Inc 1 st at beg of next and 4 foll 12th rows.

54 [60: 67: 75: 84] sts.

Cont straight until left front matches back to beg of armhole shaping, ending with RS facing for next row.

Shape armhole

Cast off 5 [6: 7: 8: 9] sts at beg of next row.

49 [54: 60: 67: 75] sts.

Work 1 row.

Dec 1 st at armhole edge of next 5 [7: 7: 9: 11] rows, then on foll 4 [5: 7: 8: 10] alt rows.

40 [42: 46: 50: 54] sts.

Cont straight until 19 [19: 21: 21: 23] rows less have been worked than on back to beg of shoulder shaping, ending with **WS** facing for next row.**Shape front neck**

Cast off 9 sts at beg of next row. 31 [33: 37: 41: 45] sts.

Dec 1 st at neck edge of next 7 rows, then on foll

3 [3: 4: 4: 5] alt rows, then on foll 4th row.

20 [22: 25: 29: 32] sts.

Work 1 row, ending with RS facing for next row.

Shape shoulder

Cast off 7 [7: 8: 10: 11] sts at beg of next and foll alt row.

Work 1 row.

Cast off rem 6 [8: 9: 9: 10] sts.

RIGHT FRONTUsing 2 $\frac{3}{4}$ mm (US 2) needles cast on 54 [60: 67: 75: 84] sts.**Row 1 (RS):** K0 [0: 1: 1: 0], *P1, K1, rep from * to end.**Row 2:** *K1, P1, rep from * to last 0 [0: 1: 1: 0] st, K0 [0: 1: 1: 0].

These 2 rows form moss st.

Work in moss st for a further 4 rows, ending with RS facing for next row.

Change to 3 $\frac{1}{4}$ mm (US 3) needles.

Beg with a K row, work in st st, shaping side seams by dec 1 st at end of 5th and 4 foll 8th rows.

49 [55: 62: 70: 79] sts.

Complete to match left front, reversing shapings.

SLEEVES

Using 2 $\frac{3}{4}$ mm (US 2) needles cast on 45 [47: 51: 51: 53] sts.

Work in moss st as given for back for 6 rows, ending with RS facing for next row.

Change to 3 $\frac{1}{4}$ mm (US 3) needles.

Beg with a K row, work in st st, shaping sides by inc 1 st at each end of 5th [5th: 5th: 3rd: 3rd] and every foll 6th [6th: 6th: 4th: 4th] row to 79 [85: 85: 55: 63] sts, then on every foll 8th [8th: 8th: 6th: 6th] row until there are 85 [89: 93: 97: 101] sts.

Cont straight until sleeve meas 44 [45: 46: 46: 46] cm, ending with RS facing for next row.

Shape top

Cast off 5 [6: 7: 8: 9] sts at beg of next 2 rows.

75 [77: 79: 81: 83] sts.

Dec 1 st at each end of next 3 rows, then on every foll alt row to 41 sts, then on foll 7 rows, ending with RS facing for next row. 27 sts.

Cast off 4 sts at beg of next 2 rows.

Cast off rem 19 sts.

MAKING UP

Press as described on the information page.

Join both shoulder seams using back stitch, or mattress stitch if preferred.

Neckband

With RS facing and using 2 $\frac{3}{4}$ mm (US 2) needles, beg and ending at front opening edges, pick up and knit 28 [28: 30: 30: 32] sts up right side of neck, 43 [43: 45: 45: 47] sts from back, then 28 [28: 30: 30:

32] sts down left side of neck. 99 [99: 105: 105: 111] sts.

Work in moss st as given for back for 5 rows, ending with RS facing for next row.

Cast off in moss st.

Button band

With RS facing and using 2 $\frac{3}{4}$ mm (US 2) needles, beg at top of neckband, pick up and knit 133 [141: 147: 147: 155] sts evenly down left front opening edge to cast-on edge.

Work in moss st as given for back for 5 rows, ending with RS facing for next row.

Cast off in moss st.

Buttonhole band

With RS facing and using 2 $\frac{3}{4}$ mm (US 2) needles, beg at cast-on edge, pick up and knit 133 [141: 147: 147: 155] sts evenly up right front opening edge to top of neckband.

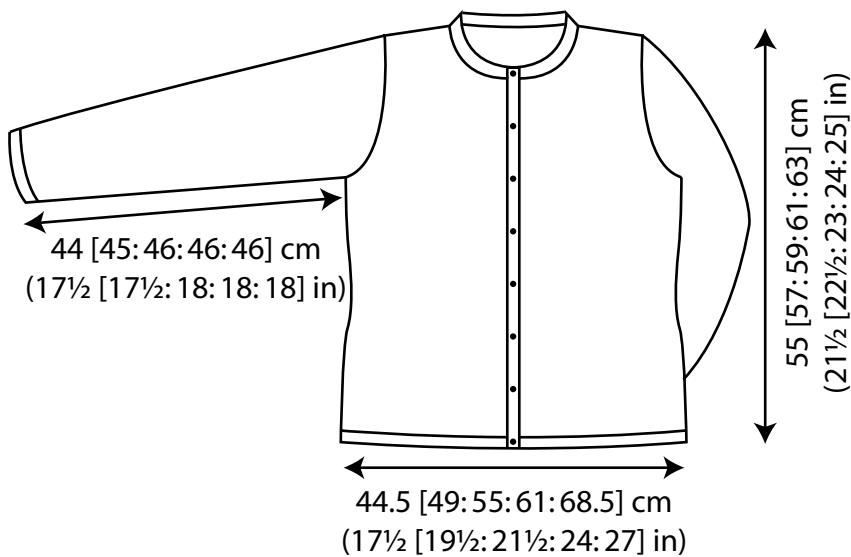
Work in moss st as given for back for 2 rows, ending with WS facing for next row.

Row 3 (WS): Moss st 3 sts, *yarn, work 2 tog (to make a buttonhole), moss st 16 [17: 18: 18: 19] sts, rep from * 6 times more, yrn, work 2 tog (to make 8th buttonhole), moss st 2 [3: 2: 2: 3] sts.

Work in moss st for a further 2 rows, ending with RS facing for next row.

Cast off in moss st.

See information page for finishing instructions, setting in sleeves using the set-in method.



TENSION

Obtaining the correct tension is perhaps the single factor which can make the difference between a successful garment and a disastrous one. It controls both the shape and size of an article, so any variation, however slight, can distort the finished garment. Different designers feature in our books and it is their tension, given at the start of each pattern, which you must match. We recommend that you knit a square in pattern and/or stocking stitch (depending on the pattern instructions) of perhaps 5 - 10 more stitches and 5 - 10 more rows than those given in the tension note. Mark out the central 10cm square with pins. If you have too many stitches to 10cm try again using thicker needles, if you have too few stitches to 10cm try again using finer needles. Once you have achieved the correct tension your garment will be knitted to the measurements indicated in the size diagram shown at the end of the pattern.

CHART NOTE

Many of the patterns in the book are worked from charts. Each square on a chart represents a stitch and each line of squares a row of knitting. Each colour used is given a different letter and these are shown in the materials section, or in the key alongside the chart of each pattern. When working from the charts, read odd rows (K) from right to left and even rows (P) from left to right, unless otherwise stated. When working lace from a chart it is important to note that all but the largest size may have to alter the first and last few stitches in order not to lose or gain stitches over the row.

WORKING A LACE PATTERN

When working a lace pattern it is important to remember that if you are unable to work both the increase and corresponding decrease and vice versa, the stitches should be worked in stocking stitch.

KNITTING WITH COLOUR

There are two main methods of working colour into a knitted fabric: Intarsia and Fairisle techniques. The first method produces a single thickness of fabric and is usually used where a colour is only required in a particular area of a row and does not form a repeating pattern across the row, as in the fairisle technique. Fairisle type knitting: When two or three colours are worked repeatedly across a row, strand the yarn not in use loosely behind the stitches being worked. If you are working with more than two colours, treat the "floating" yarns as if they were one yarn and always spread the stitches to their correct width to keep them elastic. It is advisable not to carry the stranded or "floating" yarns over more than three stitches at a time, but to weave them under and over the colour you are working. The "floating" yarns are therefore caught at the back of the work.

Intarsia: The simplest way to do this is to cut short lengths of yarn for each motif or block of colour used in a row. Then joining in the various colours at the appropriate point on the row, link one colour to the next by twisting them around each other where they meet on the wrong side to avoid gaps. All ends can then either be darned along the colour join lines, as each motif is completed or then can be "knitted-in" to the fabric of the knitting as each colour is worked into the pattern. This is done in much the same way as "weaving-in" yarns when working the Fairisle technique and does save time darning-in ends. It is essential that the tension is noted for intarsia as this may vary from the stocking stitch if both are used in the same pattern.

FINISHING INSTRUCTIONS

After working for hours knitting a garment, it seems a great pity that many garments are spoiled because such little care is taken in the pressing and finishing process. Follow the text below for a truly professional-looking garment.

PRESSING

Block out each piece of knitting and following the instructions on the ball band press the garment pieces, omitting the ribs. Tip: Take special care to press the edges, as this will make sewing up both easier and neater. If the ball band indicates that the fabric is not to be pressed, then covering the blocked out fabric with a damp white cotton cloth and leaving it to stand will have the desired effect. Darn in all ends neatly along the selvedge edge or a colour join, as appropriate.

STITCHING

When stitching the pieces together, remember to match areas of colour and texture very carefully where they meet. Use a seam stitch such as back stitch or mattress stitch for all main knitting seams and join all ribs and neckband with mattress stitch, unless otherwise stated.

CONSTRUCTION

Having completed the pattern instructions, join left shoulder and neckband seams as detailed above. Sew the top of the sleeve to the body of the garment using the method detailed in the pattern, referring to the appropriate guide:

Straight cast-off sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Sew top of sleeve to body, using markers as guidelines where applicable.

Square set-in sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Set sleeve head into armhole, the straight sides at top of sleeve to form a neat right-angle to cast-off sts at armhole on back and front.

Shallow set-in sleeves: Place centre of cast off edge of sleeve to shoulder seam. Match decreases at beg of armhole shaping to decreases at top of sleeve. Sew sleeve head into armhole, easing in shapings.

Set-in sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Set in sleeve, easing sleeve head into armhole.

Join side and sleeve seams.

Slip stitch pocket edgings and linings into place.

Sew on buttons to correspond with buttonholes.

Ribbed welts and neckbands and any areas of garter stitch should not be pressed.

Wash as directed on the ball band.

ABBREVIATIONS

K	knit
P	purl
st(s)	stitch(es)
inc	increas(e)(ing)
dec	decreas(e)(ing)
st st	stocking stitch (1 row K, 1 row P)
g st	garter stitch (K every row)
beg	begin(ning)
foll	following
rem	remain(ing)
rev st st	reverse stocking stitch (1 row K, 1 row P)
rep	repeat
alt	alternate
cont	continue
patt	pattern
tog	together
mm	millimetres
cm	centimetres
in(s)	inch(es)
RS	right side
WS	wrong side
sl 1	slip one stitch
pss0	pass slipped stitch over
p2sso	pass 2 slipped stitches over
tbl	through back of loop

M1

make one stitch by picking up horizontal loop before next stitch and knitting into back of it

M1P

make one stitch by picking up horizontal loop before next stitch and purling into back of it

yfwd

yarn forward

yrn

yarn round needle

meas

measures

0

no stitches, times or rows

-

no stitches, times or rows

for that size

yo

yarn over needle

yfrn

yarn forward round needle

wyib

with yarn at back

sl2togK

slip 2 stitches together

knitways

CROCHET TERMS

UK crochet terms and abbreviations have been used throughout. The list below gives the US equivalent where they vary.

ABBREVIATIONS

UK	(US)
dc (sc)	double crochet (single crochet)
htr (hdc)	half treble (half double crochet)
tr (dc)	treble (double crochet)
dtr (tr)	double treble (treble)

EXPERIENCE RATING

(For guidance only)

● Beginner Techniques

For the beginner knitter, basic garment shaping and straight forward stitch technique.

●● Simple Techniques

Simple straight forward knitting, introducing various, shaping techniques and garments.

●●● Experienced Techniques

For the more experienced knitter, using more advanced shaping techniques at the same time as colourwork or more advanced stitch techniques.

●●●● Advanced Techniques

Advanced techniques used, using advanced stitches and garment shapings and more challenging techniques

GROVES & BANKS

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SIZING GUIDE

When you knit and wear a Rowan design we want you to look and feel fabulous. This all starts with the size and fit of the design you choose. To help you to achieve a great knitting experience our sizing conforms to standard clothing sizes. Therefore if you buy a standard size 12 in clothing, then our medium patterns will fit you perfectly.

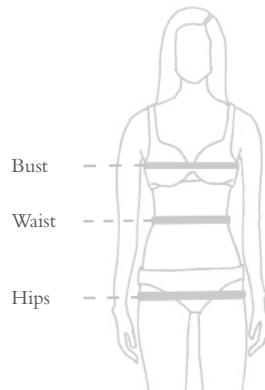
The menswear designs are available to knit in sizes XSmall through to 2XL ie. 38" to 50" chest.

Dimensions in the charts below are body measurements, not garment dimensions, therefore please refer to the measuring guide to help you to determine which is the best size for you to knit.

STANDARD SIZING GUIDE FOR WOMEN

The sizing within this chart is also based on the larger size within the range.

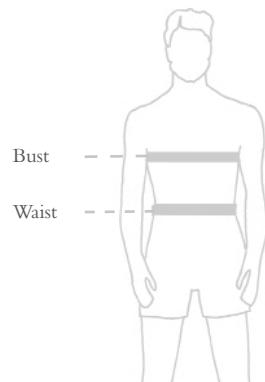
To fit bust	32 – 34	36 – 38	40 – 42	44 – 46	48 – 50	inches
	81 – 86	91 – 97	102 – 107	112 – 117	122 – 127	cm
To fit waist	24 – 26	28 – 30	32 – 34	36 – 38	40 – 42	inches
	61 – 66	71 – 76	81 – 86	91 – 97	102 – 107	cm
To fit hips	34 – 36	38 – 40	42 – 44	46 – 48	50 – 52	inches
	86 – 91	97 – 102	107 – 112	117 – 122	127 – 132	cm



STANDARD MENS AND UNISEX SIZING GUIDE

The sizing within this chart is also based on the larger size within the range.

To fit Chest	32-34	36-38	40-42	44-46	48-50	52-54	inches
	81-86	91-97	102-107	112-117	122-127	132-137	cm
To fit waist	24-26	28-30	32-34	36-38	40-42	44-46	inches
	61-66	71-76	81-86	91-97	102-107	112-117	cm

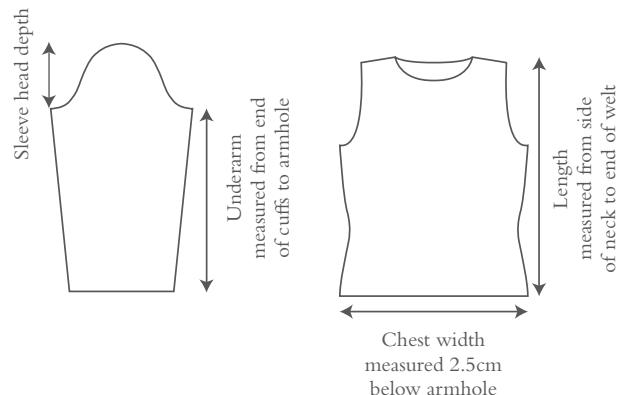


SIZING DIAGRAM NOTE

The instructions are given for the smallest size. Where they vary, work the figures in brackets for the larger sizes. One set of figures refers to all sizes.

Included with most patterns is a size diagram, see image opposite of the finished garment and its dimensions. The measurement shown at the bottom of each size diagram shows the garment width 2.5cm below the armhole shaping.

To help you choose the size of garment to knit please refer to the sizing guide. Generally in the majority of designs the welt width (at the cast on edge of the garment) is the same width as the chest. However, some designs are 'A-Line' in shape or flared edge and in these cases welt width will be wider than the chest width.



MEASURING GUIDE

For maximum comfort and to ensure the correct fit when choosing a size to knit, please follow the tips below when checking your size. Measure yourself close to your body, over your underwear and don't pull the tape measure too tight!

Bust/ chest | measure around the fullest part of the bust/chest and across the shoulder blades.

Waist | measure around the natural waistline, just above the hip bone.

Hips | measure around the fullest part of the bottom.

If you don't wish to measure yourself, note the size of a favourite jumper that you like the fit of. Our sizes are comparable to clothing sizes from major high street retailers, so if your favourite jumper is a size medium or size 12, then our size medium should be approximately the same fit.

To be extra sure, measure your favourite jumper and then compare measurements with the Rowan size diagram given at the end of the individual instructions.

Finally, once you have decided which size is best for you, please ensure that you achieve the tension required for the design you wish to knit.

Remember if your tension is too loose, your garment will be bigger than the pattern size and you may use more yarn. If your tension is too tight, your garment could be smaller than the pattern size and you will have yarn left over.

Furthermore if your tension is incorrect, the handle of your fabric will be too stiff or floppy and will not fit properly. It really does make sense to check your tension before starting every project.