

Take a Step in the Right Direction with Proper Footwear

THE RIGHT FOOTWEAR CAN HELP PREVENT SLIPS, TRIPS AND FALLS ON THE JOB, AS WELL AS FOOT FATIGUE, BACK PAIN AND OTHER ISSUES.

- ❖ For employees working on uneven surfaces or rocky terrain, footwear that provides torsional stability to prevent unnecessary twisting or turning of the feet is important
- ❖ Soles with a patterned tread made of nitrile rubber, that have deep wide grooves can help prevent slipping and falling
- ❖ Employees in areas where there is a danger of foot injuries due to falling or rolling objects should wear protective footwear with safety toe caps
- ❖ All footwear should meet applicable federal and state safety standards for your line of work

SOMETHING TO KEEP IN MIND: IN 2016, OVER 229,000 WORKERS SUFFERED AN INJURY IN A SLIP, TRIP OR FALL THAT REQUIRED TIME OFF FROM WORK.* BE SURE YOU'RE WEARING THE RIGHT FOOTWEAR.

*Bureau of Labor Statistics

For more information, visit nsc.org

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