

May 22, 2020
28th of Iyyar, 5780
43rd day of the Omer



Candle lighting: 7:55pm (Morganville)
Havdalah at 9:04 pm
Parshas Bamidbar

MA CHADASH?

A WEEKLY NEWSLETTER FOR SHALOM TORAH ACADEMY OF CENTRAL NEW JERSEY

ב"ה

Pre-Shavous Event

Join Shalom Torah Academy

with Rabbi Eli Meir Kramer

Tuesday, May 26, at 6:30 p.m.



**Featuring a group activity, raffles, and
a story/dvar Torah for Shavuot**



Zoom Information:
736-656-8508
Password: kramer

Parsha in a Paragraph

A project of Klal Govoha. Klal Govoha is an organization founded by Ira Zlotowitz in memory of his father, Rabbi Meir Zlotowitz. Check out their website: klalgovoha.org

BAMIDBAR: Each tribe, excluding Levi, is counted • The total of all the tribes (besides Shevet Levi) is 603,550 • The arrangement of the tribes around the Mishkan • Shevet Levi replaces the firstborn in performing the priestly services • The special status of the Kohanim and Levi'im • Levi'im aged 30 days and up are counted; they total 22,000 • The firstborn are counted; they total 22,273 • The 22,000 Levi'im each redeem a firstborn; the remaining 273 are redeemed with silver coins • The Kehos family is charged with carrying the sacred vessels • They are warned to not approach the Holy of Holies

Pirkei Avos Lesson- Chapter 6

It is customary to study a chapter from the Tractate Avos, or Pirkei Avos, in the weeks in between Pesach and Shavuot. Pirkei Avos are filled with the ethical teachings and wisdom of the great sages of the Mishnah.

Background

This week's Perek or Chapter, is known as the Chapter of 'the acquisition of Torah.' This is because this week's Perek speaks extensively about the Torah and how to go about acquiring it properly.

One of the most famous Mishnayos, or teachings, of the entire Pirkei Avos is the 48 ways with which to acquire Torah. One of them is 'one who is happy with his lot.' Some of the commentators explain this to mean that one should be happy with that which he has already accomplished in his Torah learning and gain satisfaction from that.

Question

How would this bring one to accomplish the goal of acquiring as much Torah as possible!? I would have thought that in order to learn a lot of Torah a person should NEVER be satisfied with that which he has already learned in order to keep pushing to accomplish more!

Answer

This Mishnah is teaching us that this is simply not true. Yes, a person can be fueled by a feeling of inadequacy and by a sense of lack of accomplishment in order to burst ahead in a fit of energy and seem to accomplish a lot. However, this is not the path to lifelong accomplishment.

One needs to gain satisfaction and happiness in order to continue pushing ahead and accomplishing more. No person has the strength and willpower to keep fighting himself to accomplish. Rather, those that are successful, derive satisfaction and happiness from their accomplishments which sweeten the journey and fuels them to continue going.

Lesson

So often in life we slip into unhealthy and unviable modes of behavior and functioning in order to score short term victories. We need to be wise and have foresight as to what this does to our long-term success.

A certain Mashgiach, or Headmaster of a yeshiva, once observed that when he sees a young man lose a little energy and excitement for his studies it is cause for grave concern.

Satisfaction and happiness are the fuel which can spur a person to long-term and sustainable accomplishment and greatness. Negativity and feelings of inadequacy just serve to spur us to bursts of accomplishment that will not last and will only serve to drain us of the energy necessary to not just win the battle- but to win the war.

Wishing you a wonderful Shabbos!

Rabbi Eli Meir Kramer

A Highlight from our Judaic Studies Department

Morah Esther Berliner, 3rd Grade Class

The Third graders have not let distance learning stop them from doing their best!

We continue to discuss and share ideas how to prepare for getting ready for the Torah.

We are working hard on mastering all our chumash skills and we have begun reading Rashi inside! You wouldn't believe how well we can read all the Rashi letters!

We even have daily challenges after our zoom meetings. Congratulations to Mimi and Aaron- our two winners so far.

In third grade we continue to 'zoom' to add up points for great prizes, as we bring Shalom learning into our homes!



A Peek into our Preschool

Morah Ricki Dayan, Ivrit

Bensi and Batsi and the early childhood got used to learning on the zoom platform! We learned some new songs and we used some of the old songs and dances that they knew, and they were able to share it with their families. The families were excited to hear and see how much the students knew!

We learned the Hebrew words for family such as "parents, grandparents, uncles, aunts" and more. We also have been reviewing the words we already know like the Hebrew words for "sitting, standing, walking, jumping, laying down" and more. We learned through showing pictures and songs from our ivrit program.

With Hashem's help we will return to school soon where we can be together with all of our friends!

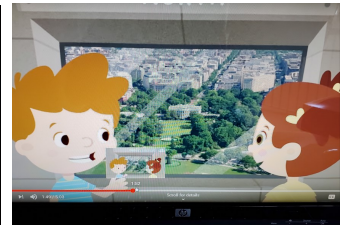
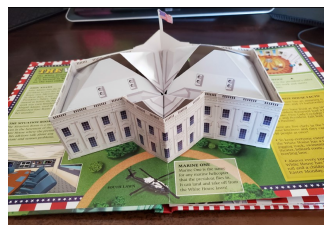
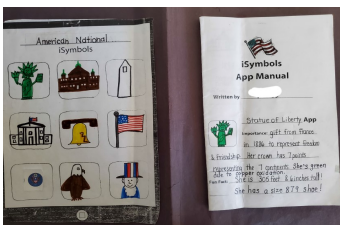


A Highlight from General Studies Department

Miss Renee Glashow, 3rd Grade Class

The Third Grade Learning Spot has been learning about our national symbols in a whole variety of ways! We have been making "U.S Symbols iPads"; reading books about Washington D.C, the Statue of Liberty, and the American flag.

We even watched Brainpop's National Symbols, and went on a virtual tour of Washington D.C.!





Monday, May 25	Memorial Day - No Sessions
Thursday, May 28	Erev Shavous
Friday, May 29	Shavous - No Sessions
Wednesday, June 17	Last Day of School for Students



Ruby Rozenberg – May 24
Linoy Chen – May 26



Please Daven for:
Ruchoma Aidel bas Fraida Breindel

Fun Recipes

Please enjoy these recipes. If you would like to share a recipe in the MaChadash, please email office@shalomtorah.org



Fruity Yogurt Pops

Ingredients

- 1 cup vanilla lowfat yogurt
- 1 cup chopped strawberries
- ½ cup chopped kiwi
- ½ cup blueberries
- 8 small paper cups
- 8 wooden popsicle sticks

Directions

Place yogurt in a large bowl and gently stir in fruit.

Evenly divide mixture into eight small paper cups. Place popsicle stick in center of each cup

Freeze overnight or until firm.

To serve, peel off paper cups.



No- Bake Chocolate Strawberry Cheesecake Trifle

Cheesecake

- 2 (8-ounce) packages cream cheese, at room temperature
- ¼ cup sugar
- 1 (7-ounce) jar marshmallow crème
- ½ cup milk
- 8 ounces semisweet baking chocolate, melted
- 1 (8-ounce) container Cool Whip, thawed

For the Layers

- 45 Oreo cookies, chopped into large chunks
- 5 cups sliced strawberries
- 8 whole strawberries
- 8 mini Oreo cookies

Prepare the Cheesecake Filling

1. Beat the cream cheese until creamy. Add the sugar and beat until smooth.
2. Add the marshmallow crème and beat until creamy. Slowly beat in the milk until the mixture is smooth again.
3. Spoon in the melted chocolate and beat until completely incorporated.
4. Gently fold in two cups of the whipped topping with a rubber spatula.

Assemble

1. Place half the cookie chunks in the bottom of a large trifle bowl. Spoon half the cheesecake filling over the cookies. Use the back of a spoon to smooth the cheesecake out and make it flat in the bowl.
2. Place a few sliced strawberries standing up around the edge of the bowl. Place half the sliced strawberries lying flat over the cheesecake layer.
3. Repeat the layers, ending with the strawberries on top.
4. Place the whole strawberries around the top and pipe the remaining topping in between the berries using a piping bag and icing tip 27. Top each swirl with a mini Oreo cookie.

Note: This trifle is best served the day it is made.